

# DR. FRANK FEDDE

REGISTERED PSYCHOLOGIST (NS# R0930, BC #2162)

---

---

## Education

---

**Doctor of Philosophy in Counseling Psychology (Ph.D.)** 9/2005 - 9/2009

*The University of Memphis* □ *Memphis, USA*

Department of Counseling, Educational Psychology, and Research

Accredited by the American Psychological Association

**Master of Arts in Counseling Psychology (M.A.)** 8/2003 - 5/2005

**Specialization: *Child & Youth Counseling***

*Lewis & Clark* □ *Portland, USA*

Graduate School of Education and Counseling

Accredited by the Council of Accreditation of Counseling and Related Educational Programs (CACREP)

**Master Diploma Social Work (Dipl. Soz. Paed.-FH)** 10/1999 - 9/2003

**Specialization: *International-Intercultural Social Work***

*Katholische Universitaet Eichstaett* □ *Eichstaett, Germany*

Department of Social Work

**Nursing Assistant Certificate** 3/1997

*Malteser Hilfsdienst Augsburg* □ *Augsburg, Germany*

## Honors, Awards, and Public Service

---

**British Columbia Psychological Association Representative** 1/2016 - current

*British Columbia Department of Public Safety Driver Safety Advisory Committee*

**Graduate Student Association Travel Grant, Award amount US\$500** 6/2007

Supporting the presentation of awarded research at the 115th Annual APA Convention in San Francisco, U.S.A.

*The University of Memphis*

**Research Award, 1<sup>st</sup> Place, 19<sup>th</sup> University of Memphis Student Research Forum** 4/2007

Pre-doctoral research titled: "The power of secrets: Predictive value of relevant/irrelevant client secrets for therapy satisfaction."

*The University of Memphis*

**Graduate Assistant**, Tuition amount: US\$94,000; Stipend amount: US\$36,000 8/2005-8/2008  
*The University of Memphis*

**Fulbright Scholar**, Tuition amount: US\$19,800; Stipend amount: US\$18,600 9/2003 –5/2005  
*U.S. State Department and the Foreign Ministry of Germany*

## **Work Experience in Chronic Pain and Trauma Treatment**

---

**Senior Psychologist**, Fulltime Permanent 4/2017 – current  
**Registered Psychologist**, Fulltime Permanent 10/2013 – current  
*Canadian Back Institute (CBI) - Orion Health Services □ Surrey, Canada*

Supervisory Duties: Supervising treatment delivery of 6 Registered Psychologists, 4 Registered Counselors, and 2 Doctoral Practicum Students; Consultation on ethical decision making and critical incidents across programs and clinical teams; Organizing and leading peer supervision with an emphasis on quality, sustainability, and accessibility of services; education and program development

1. Organizational leadership: Organized psychological service delivery of the outpatient Chronic Pain Management Program, the PTSD treatment program, and the Occupational Rehabilitation Program.
2. Staffing: Assisted in developing hiring and retention strategies of Mental Health staff. Reviewed applications, led job interviews, analyzed staffing needs, and developed innovative advertisement concepts. Offered onboarding and training of new staff members.
3. Consultation: Offered consultation on complex ethical scenarios and critical incidents to staff members across the clinic environment.
4. Organizational Development: Contributed to the Continuing Education Curriculum with regular presentations on evidence-based pain & trauma treatment (CBT, PE, EMDR), suicide prevention, ethics, technological advances, and complex case studies. Developed and reviewed staff training courses.
5. Business & Program Development: Promoted a caring as well as high quality treatment delivery while exploring new areas for innovation and/or revenue.
6. Peer Supervision: Organized agenda-driven Psychology Staff Meetings to maintain research-informed treatment standards, to develop new treatment delivery concepts, and to offer a safe environment in which to process the challenges of working with PTSD and chronic pain patients.

Clinical Function: Psychological assessments of trauma and chronic pain, individual psychotherapy, group psycho-education (sleep/mood/stress/anxiety management), and facilitation of group relaxation classes (PMR, Diaphragmatic Breathing, Autogenic Training, Visualization, & Mindfulness). Case manager and community provider communication as well as documentation of treatment progress in case notes and reports.

1. Collaborated with stakeholders (insurance case managers, psychology and medical advisors, community health service providers, GPs, specialists, and employers).
2. Mediated between clients and case managers.
3. Provided Individual and Group Therapy both in the chronic pain and the trauma programs.

**Psychologist, Full and Part-time Permanent**

10/2012 – 9/2013

*Endowment Hospital Noerdlingen, Outpatient Pain Day Treatment Centre □ Noerdlingen, Germany*

Duties: Program Development of psychological content for a newly established rural Outpatient Chronic Pain Clinic. Cognitive Behavioral Therapy with an active coping emphasis to individuals suffering from fibromyalgia, chronic back pain, and neuropathic pain with the goal of emotional readjustment and return to work. Offered booster weeklong treatments for returning clients 6 months post-discharge.

1. Facilitated Individual and Group Therapy on emotion management, lifestyle reorientation, sleep hygiene, and relaxation.
2. Conceptualized educational content to better correspond to the needs of chronic pain patients in a rural setting.
3. Collaborated on treatment planning with an interdisciplinary team consisting of physicians, physical therapists, occupational therapists, and art therapists.

**Chief Psychologist, Full-time Permanent**

3/2011- 9/2011

*Interdisciplinary Center for Anesthesiology, Intensive Care, Pain Management, and Palliative Care, Benedictus Hospital Tutzing □ Tutzing, Germany*

Supervisory Duties: Clinical leadership for a team of 5 Psychologists and 2 Masters and Doctoral-level Psychotherapy Residents. Organized the delivery of psychological services to patients of a 27-bed Inpatient Chronic Pain Unit, an 8-bed Palliative Care Unit, and a specialized Outpatient Chronic Pain Program. The inpatient services specialized on chronic headaches, neuropathic pain, nerve stimulator and morphine pump implants, herpes zoster recovery, and supervised medication withdrawal. Outpatient groups specialized on fibromyalgia, geriatric pain, and recovery from chronic injuries.

1. Organizational leadership: Organized psychological service delivery for the clinic's in-patient chronic pain unit, the outpatient chronic pain program, and the palliative care unit. Assisted with hiring decisions, new employee orientations, and supervision. Liaised between hospital management and psychology faculty to adopt procedural changes expected by the accrediting bodies.
2. Outreach: Offered Public Relations through presentations at pain rounds, conferences, and patient association meetings. Updated psychological content in PR materials, on the website, and in flyers.
3. Human Resources: Offered consultation for the HR Department and senior management to help resolve complex labor relation issues across the hospital.
4. Program Development: Assisted with developing new concepts for better alignment of existing procedures with evidence-based principles of interdisciplinary pain treatment (e.g. implementation of standardized diagnostic tools and treatment methods to promote outcome research, identifying treatment priorities, and developing documentation standards).

Clinical Function: Individual and group therapy for chronic pain and palliative care patients

1. Facilitated Individual therapy and leading cognitive-behavioral groups for Fibromyalgia, geriatric pain, and complex pain. Offered pain assessments, treatment planning, and efficient reporting.
2. Offered Crisis Intervention on the Emergency Response Unit including consoling relatives of fatal accidents.

3. Assisting patients expecting limb amputation with psychological preparation for the procedure and processing end of life diagnoses as part of palliative care.

**Provisionally Registered Psychologist, Full-time Permanent** 08/2009 – 11/2010

**Predoctoral Resident** 08/2008 – 11/2009

*Workers' Compensation Board-Alberta: Millard Health Centre □ Edmonton, Canada*

Duties: CPA-accredited Pre-doctoral Residency with rotations in Occupational Rehabilitation, Head Trauma, and Chronic Pain. After completion of 2000 hours of supervised practice, hired as fulltime staff for the Chronic Pain Program under post-doctoral supervision of Richard Koehn, Psy.D., and Peter Lyons, Ph.D., Registered Psychologists.

1. Conducted Comprehensive Psychological, Pain, Neuropsychological, and Career Achievement/Aptitude Testing of individuals with severe workplace injuries and trauma.
2. Facilitated cognitive-behavioral trauma therapy, life adjustment therapy, and career counseling.
3. Facilitated psychoeducational groups on CBT, DBT/Mindfulness, Pain Management, Sleep Management, and relaxation.

### **Work Experience in Pediatric Psychology**

---

**Psychologist in Outpatient Pediatric Psychiatry, Part-time Permanent** 1/2013 – 9/2013

*Josefinum Hospital □ Noerdlingen, Germany*

Duties: Outpatient psychiatric assessment and treatment of children suffering from severe comorbid mental health conditions, learning disabilities, and developmental disorders. Interdisciplinary treatment planning, crisis management, and relapse prevention.

1. Conducted Medical-legal Assessments to determine the patient's eligibility for outpatient psychiatric and educational programs at school. Writing comprehensive psychological reports.
2. Offered behaviorally oriented individual therapy for children, parenting training, and family therapy.

**Doctoral Practicum in Pediatric Neuropsychology, Part-time Temporary** 06/2007 - 12/2007

*LeBonheur Children's Medical Center - Pediatric Neuropsychology □ Memphis, USA*

Duties: 300 hours of supervised Neuropsychological Assessments of children with learning disabilities, neurological disorders, and developmental disorders. Accredited internship site by the American Psychological Association of Graduate Students (APAGS). On-site supervisor: V.R. Brewer, Ph.D., Past President of the Tennessee Psychological Association

1. Administered an extensive battery of Neuropsychological Assessments evaluating attention, visual-spatial, motor, memory, cognitive ability, and academic knowledge.

2. Developed case conceptualizations and integration of test results in comprehensive psychological reports.

**Masters Internship in Pediatric Behavioral Health**, Part-time Temporary 09/2004 - 05/2005  
*OHSU Children's Psychiatric Day Treatment Center* □ *Beaverton, U.S.A.*

Duties: 300 hours of supervised practice in Psychodynamic and Behaviorally-oriented Outpatient Treatment for children suffering from severe comorbid behavioral and emotional disorders. On-site supervisor: Jan Eaton-Bennette, L.C.S.W., Campus supervisor: Richard Rosenberg, Ph.D., Licensed Psychologist

1. Facilitated group and play therapy with an emphasis on natural behavioral consequences and development of emotional downregulation skills.
2. Developed interdisciplinary case conceptualizations and documented treatment progress.

**Social Work Internship in Vocational Counseling**, Full-time Temporary 01/2002 - 03/2002  
*Kolping e.V. Weissenburg* □ *Weissenburg, Germany*

Duties: 540 hours of supervised practice in a Ministry of Employment sponsored program that involved offering Vocational Counseling to at-risk youth who were disadvantaged in their career opportunities due to mental health conditions, learning disabilities, and behavioral problems. On-site supervisor: Reinhard Wild, Dipl. Psych. (Registered Psychologist)

1. Offered Psychoeducation on career relevant topics such as career planning, resume writing, and interviewing.
2. Assisted clients with the procurement of practicum and apprenticeship opportunities.
3. Co-facilitated Occupational and Art Therapy in a group format with the goal of developing the ability to work in teams, practice healthy communication, and regain greater emotional stability.

**Social Work Internship in Marriage and Family Therapy**, Full-time Temporary 3/2002-10/2003  
*Ministry of Child and Family Development Counseling Centre Neuburg* □ *Neuburg, Germany*

Duties: 1232 hours of supervised practice in Marriage and Family Therapy for parents, children, and families. On-site supervisor: Wolfram Siewert, Dipl. Psych. (Registered Psychologist)

1. Offered individual Play Therapy for traumatized children suffering from past or presently suspected sexual or physical abuse.
2. Co-facilitated Systemic Family Therapy for parents and their behaviorally challenged children.
3. Participated in Community Outreach through co-leading open parenting groups.

**Practicum in Speech Pathology**, Full-time Temporary 04/1997 - 07/1997  
*Speech Pathology Pre-school Baerenkeller* □ *Augsburg, Germany*

Duties: 160 hours of supervised practice in speech pathology and behavioral management.

1. Developed, planed, and executed developmentally relevant group activities for preschool children with speech disabilities.
2. Under supervision, offered specialized motor and speech therapy treatment exercises to individual children.

## **Work Experience in Community Mental Health**

---

### **Masters Internship in Community Mental Health, Part-time Temporary**

09/2004 - 05/2005

*Good Samaritan Ministries* □ *Beaverton, U.S.A.*

Duties: 300 hours of supervised practice in non-profit Community Mental Health Counseling for primarily low-income families, children, and adults. On-site supervisor: Scott Page, M.A., Licensed Professional Counselor

1. Offered individual therapy for adults suffering from a range of mental health conditions including childhood trauma, relationship difficulties, co-dependency, depression, schizophrenia, paranoid personality disorder, and substance-induced psychotic disorders.
2. Offered individualized behavioral therapy for children suffering from trichotillomania, depression, and anger. Offered parenting training to support behavioral interventions developed in individual therapy.
3. Offered family therapy with a systemic focus

### **Social Work Internship in Addictions Treatment, Full-time Temporary**

05/2000 - 07/2000

*Low-Threshold Drug Misuse Intervention Centre Augsburg* □ *Augsburg, Germany*

Duties: 100 hours of supervised practice in Addictions Counseling with individuals and groups. Campus supervisor: Prof. Dr. Katherina Mayer, University of Eichstaett

1. Offered low-threshold contact for active drug and polysubstance abusing individuals with the goal of reducing obstacles to seeking detox and addictions treatment.
2. Assisted full-time staff in providing a safe environment in which active drug users could develop healthy social connections, get assistance for seeking detox and treatment, and fulfill basic needs (e.g. food, shelter, personal hygiene).
3. Outreach to active drug users when hospitalized for HIV or detox treatment to build therapeutic relationships and lay a foundation that would increase chances of clients seeking out services afterwards.

## **Work Experience in Academic Testing and Treatment**

---

### **Doctoral Practicum in Academic Testing & Career Counseling, Part-time Temporary**

09/2006 - 08/2007

*University of Memphis Center for Counseling, Learning, and Testing* □ *Memphis, USA*

Duties: 306 hours of supervised Academic Testing of university students for the purpose of determining eligibility for educational modifications. Accredited internship site by the American Psychological Association. On-site supervisor: Robert Maichrowicz, Ph.D., Licensed Psychologist

1. Conducted Achievement & Personality Testing, Attention-Deficit Evaluations, and Vocational Testing for university students. Wrote comprehensive psychological reports for the Department of Disability Resources to guide educational modifications and exam conditions.
2. Offered career and psychological counseling to students suffering from a variety of mental health conditions including depression, relationship issues, and drug abuse.
3. Offered remedial counseling for students on academic probation due to drug abuse on campus, violent behavior or poor academic performance.

**Doctoral Practicum in Group Therapy**, Part-time Temporary 01/2006 - 04/2006  
*The University of Memphis Department of Counseling, Educational Psychology & Research* □ *Memphis, USA*

Duties: 36 hours of leading and co-leading a process-oriented group for university students using principles of Yalom's process group therapy model; Campus supervisor: Richard Lightsey, Ph.D., Licensed Psychologist

## Work Experience in Research

---

**Graduate Research Assistant** 05/2006 – 7/2008  
*Center for Research and Educational Policy (CREP), The University of Memphis* □ *Memphis, USA*

Duties: Measuring school performance of K12 Educational Institutions for the Department of Education in several states to guide educational policy making.

1. Supported the lead researchers' conducting qualitative and quantitative research on educational institutions nationwide.
2. Managed large data sets.
3. Edited research reports before delivery to State Departments of Education and the individual schools.

**Graduate Research Assistant in Quantitative and Qualitative Research Methods** 09/2005 - 04/2006  
Kakali Bhattacharya, Ph.D., Associate Professor of Educational Research Jade Xu, Ph.D., Associate Professor of Educational Research, *The University of Memphis, Department of Educational Psychology* □ *Memphis, USA*

1. Research Assistance in the area of qualitative and quantitative research methods
2. Contributed to research grant applications
3. Conducted literature research and class preparations
4. Graded homework in graduate level statistics and research methods classes

## Publications

---

Fedde, F. (2009). *Secret keeping and working alliance: The impact of concealment on the therapeutic process and the development of a solid client-therapist relationship*. Memphis, TN: The University of Memphis, Dissertation 3400158.

Paek, J., McKay, D., Harrison, L., Ross, S. M., & Fedde, F. (2008). *Supplemental Educational Services in the State of Tennessee: 2006–2007*. Memphis, TN: Center for Research in Educational Policy.

McKay, D., Paek, J., Harrison, L., Qian, H., Zoblotsky, T., Ross, S. M., Fedde, F. (2008). *Supplemental Educational Services in the State of Virginia: 2006 – 2007*. Virginia Department of Education.  
[http://www.doe.virginia.gov/boe/meetings/2008/04-apr/agenda\\_items/item\\_p.pdf](http://www.doe.virginia.gov/boe/meetings/2008/04-apr/agenda_items/item_p.pdf)

Fedde, F. (2003). *Qualitätssicherung in der Jugendberufshilfe als Aufgabe für die Soziale Arbeit*. Eichstaett: Universitaet Eichstaett, Masters Thesis.

## Presentations

---

Fedde, F. (2018, March). *Psychology in Pharmacy Practice*, University of British Columbia, Pharmacy Department, Vancouver, BC, Canada

Fedde, F. (2014, June). *Chronic Pain Treatment in Rural Settings*, Invited Speaker at the Missouri Psychological Association Annual Convention, Kansas City, MI, U.S.A.

Bridges, S., Daniel, S., Fedde, F., Anderson, J., & Hiestand, K. et al. (2008, June). *Constructivist Psychotherapy in the Classroom and in the Real World: In-depth Training in Coherence Therapy*, Paper presented at the Constructivist Psychology Network Biennial Conference, Victoria, BC, Canada.

Invited member of the APAG Focus Group on PsychInfo (2007, August). 115th Annual APA Convention, San Francisco, CA, U.S.A.

Fedde, F., Sayger, T.V., Leierer, S. J. (2007, August). *The Predictive value of relevant/irrelevant client secrets for satisfaction with therapy*: Poster presented at the 115th Annual APA Convention, San Francisco, CA, U.S.A.

Fedde, F., Sayger, T.V., Leierer, S. J. (2007, March). *The Power of secrets: Predictive value of relevant/irrelevant client secrets for satisfaction with therapy*: Poster presented at the 19th Annual Student Research Forum, The University of Memphis, Memphis, TN, U.S.A.



## Supervisory Experience

---

**CBI - Orion Health Services** □ Surrey, Canada

10/2015 – current

Duties: Supervised student in advanced therapy skills, group facilitation, and ethics.

Danial Asadolahi, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Shauna Randhawa, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Marla, Korecky, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Shirley Ley, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

**Benedictus Krankenhaus Tutzing** □ Tutzing, Germany 8/2011 – 9/2011

Duties: Supervised interns in advanced therapy skills and ethics.

Ulrike Smolnik, Dipl. Psych. (Univ.), Post-graduate Psychotherapy Resident

**Millard Health Centre** □ Edmonton, Canada

9/2008 – 9/2010

Duties: Supervised residents and practicum students individually and in group supervision on the application of advanced therapy skills, offering supervision, biofeedback, psychoeducation, and ethics.

Meredith Evans, Doctoral Resident in Clinical Psychology, University of Massachusetts

Kyle Schalk, Doctoral Resident in Counseling Psychology, University of Calgary

Anoosha Agahkhani, Doctoral Resident in Counseling Psychology, University of Edmonton

Carlton Duff, Doctoral Practicum student in Counseling Psychology, University of Edmonton

Lauren Alsten, Undergraduate intern in Biofeedback, University of Edmonton

Warren Caldwell, Undergraduate intern in Biofeedback, University of Edmonton

**The University of Memphis** □ Memphis, USA

1/2008 - 4/2008

Duties: Supervised the practicum students in basic counseling skills & ethics

Jamie Reckelhoff, Master Practicum student in Rehabilitation Counseling

Jennifer M. Simmons, Master Practicum student in Rehabilitation Counseling

## **Selected Specialized Psychotherapy and Supervision Training**

---

**Action-Packed Cognitive Behavioral Therapy**, 2 day Training by Christine Padesky, PhD. hosted by Cognitive Workshops, Vancouver, Canada, 11/2018

**Advanced Coherence Therapy**, 2 day Training by Sara Bridges, Ph.D. and Bruce Ecker, M.A., hosted by the Coherence Psychology Institute, New York City, USA, 11/2017

**Eye Movement and Desensitization Reprocessing Therapy (EMDR)**, 6 day Training by Marshall, Wilensky, Ph.D., EMDRIA Approved Instructor, hosted by Orion Health Surrey, Canada, 3/2016, 6/2016

**Prolonged Exposure Therapy (PE)**, 3 day Training by Dr. David Yusko, Psy.D, University of Pennsylvania, hosted by Orion Health Surrey, 9/2014

**Counselor Supervision**, Full semester seminar by Janice Pazar, Ph.D., University of Memphis, 1/2008 - 4/2008

**Constructivist Therapies (CT)**, Full semester seminar by Sara Bridges, Ph.D., University of Memphis, 1/2008 - 4/2008

**Coherence Therapy (CT)**, Workshop by Bruce Ecker, LMFT, Founder of Coherence Therapy, University of Memphis, 11/2006

**Emotion Focused Therapy (EFT)**, Full semester seminar by Heidi Levitt, Ph.D., University of Memphis, 9/2005 - 12/2005

**Dialectical Behavioral Therapy (DBT)**, Block seminar by Cathy Moonshine, Ph.D., Lewis & Clark, Portland, OR, U.S.A., 9/2004 – 12/2004

**Gestalt Play Therapy**, Full semester seminar by Peter Mortola, Ph.D., Lewis & Clark, Portland, OR, U.S.A., 9/2004 - 12/2004

**Clinical Hypnotherapy**, 6 day training, hosted by the Oregon Society of Clinical Hypnosis, 2/2004

**Cognitive Behavioral Therapy (CBT)**, Full semester seminar by Greg Crosby, L.P.C., Lewis & Clark, 1/2004 - 4/2004

**Crisis Intervention**, Full semester seminar by Markus Hoga, Licensed Forensic Psychologist, Katholische Universitaet Eichstaett, 3/2003 - 7/2003

## Recent Continuing Education

---

**Indigenous Cultural Safety Training**, 1/2 day training by Dr. Henry Harder, Dr. Charlotte Loppie, Dr. Analise Goodwill, hosted by the College of Psychologist of BC, Vancouver, Canada, 2018

**Psychosocial Issues for the Transgender Population**, 1/2 day training by Lukas Walter, hosted by CBI-Fleetwood, Vancouver, 2018

**Anger Modification: Cognitive, Behavioral, and Affective Approaches**, 1 day training by Dr. Ephrem Fernandez, hosted by the British Columbia Psychological Association Vancouver, Canada, 2018

**Psychopharmacology Update: Adults and Older Adolescents**, 1 day training by Dr. John Preston, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2017

**Mind Over Matter: The Hidden Influence of Psychology on Well-being and Performance**, 1 day training by Dr. David Ballard, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2017

**Resolving Complex Ethical and Multicultural Dilemmas in Psychological Practice**, 1 day training by Dr. Erica Wise, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2017

**The Double Edged Sword of Opioid Induced Pain**, 1 day training by Dr. Launette Rieb, hosted by Worksafe BC, Richmond, Canada, 2017

**Private Practice Development & Effective Marketing**, 1 day training by Dr. Larry Waldman, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2016

**New Developments in the Treatment of Complex Trauma**, 1 day training by John Briere PhD (University of Southern California), hosted by the British Columbia Psychological Association, Vancouver, Canada, 2015

## Language Skills

---

German	fluent
English	fluent