

MYLES GENEST, PH.D.

LEGAL CONSULTING / ASSESSMENT CURRICULUM VITAE



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CURRENT POSITIONS

Co-Owner and Chief Psychologist, Genest Psychological Services Incorporated
President and Chief Psychologist, GPS Consulting Incorporated

PERSONAL INFORMATION

DOB: April 14, 1950
Married: April 25, 1970
son, born 1974
daughter, born 1976
Citizenship: Canada

EDUCATION

1972 Bachelor of Independent Studies (B.I.S.), University of Waterloo
1976 Qualifying year (Honours thesis, Psychology), University of Waterloo
1979 M.A. (Psychology), University of Waterloo
1982 Ph.D. (Psychology), University of Waterloo

PROFESSIONAL CREDENTIALS AND MEMBERSHIPS

- 1992 - Registered, Nova Scotia Board of Examiners in Psychology (Registration No. 263).
- 1987 - Listed, Canadian Register of Health Service Providers in Psychology, (Certificate No. 3069).
- 1992 - Association of Psychologists of Nova Scotia.
- 1977 - Canadian Psychological Association.
- 1985 - Applied Division, CPA.
- 1976 - American Psychological Association.
- 1986 - Division 12 (Clinical), APA.
- 2005 - Division 42 (Psychologists in Independent Practice), APA.
- 1984 - Association for Behavior and Cognitive Therapy.
- 2008 - International Society for Traumatic Stress Studies
- 2001 - Certificate of Professional Qualification in Psychology.
- 1985-1997 Registered, Saskatchewan Psychological Association (Certificate No. 168).
- 1985-1996 Psychological Society of Saskatchewan.
- 2007 Fellow, Association of Psychologists of Nova Scotia

LEGAL CONSULTATIONS / ASSESSMENTS / TESTIMONY

Qualified and testified for the Defendant as an expert on personality issues related to charge of sexual abuse in Family court, Saskatchewan, 1988.

Qualified and testified for the Applicants, Simon and Michael Skinner, vs. Amax Petroleum of Canada Inc. as an expert on mental health in a Hearing by the Energy Resources Conservation Board of Alberta of an application for review of wells, oil production facilities and spacing. Provost Alberta, January - April, 1992. (Included psychological assessment of six family members.)

Consulted by Defendant on psychological adjustment following trauma (Supreme Court of Nova Scotia). Pre-trial settlement, September 1995.

Qualified and testified on delayed disclosure of childhood abuse R v Brian Fralick (for Crown). Nova Scotia Provincial Court, December 1995.

Consulted for sentencing in R v Geoff Church. Personality issues relevant to sentencing in assault case. Nova Scotia, October, 1997.

Qualified and testified as an expert on psychological disorders in sentencing of assault case, R v Norman Lawrence. Supreme Court of Nova Scotia, Nova Scotia, December 1997.

Consulted and testified as an expert for Plaintiff on psychological adjustment in chronic abuse and trauma, D.F.W. vs. V.M.W. Supreme Court of Nova Scotia (Amherst), September 2000.

Consulted by Defendant concerning adult psychological adjustment following childhood trauma.

Supreme Court of Nova Scotia (Sydney). Pre-trial settlement, January 2001.

Consulted by Defendant concerning adult psychological adjustment following childhood trauma. Supreme Court of Nova Scotia (Sydney). Pre-trial settlement, January 2001. (2nd case).

Consulted by Plaintiff on psychological and cognitive adjustment following trauma. Supreme Court of Nova Scotia. Pre-trial settlement, April 2001.

Consulted and testified for Plaintiff as an expert on assessment of pain-related disability, Calvin Keith Teed v. Guy Rether Amero (Kenneth J. Leblanc & J. Leblanc Farm Ltd., 3rd parties). Supreme Court of Nova Scotia (Truro), May 2001.

Independent Psychological Examination related to chronic pain and employment. Assessment, May, 2001.

Consulted by Plaintiff on malingering and psychological problems following trauma (Supreme Court of Nova Scotia). Pre-trial settlement, July 2001.

Independent Psychological Examination related to work-absences and Obsessive-Compulsive Disorder. Assessment July 2001.

Consulted by Defendant on malingering and psychological problems following trauma (Supreme Court of Nova Scotia). Assessment August 2001.

Independent Psychological Assessment related to pain and injuries following motor-vehicle-collision. Assessment: April 2002.

Consulted by Defendant on functional problems associated with depression in insurance disability case. Assessment August 2002.

Consulted by Defendant on credibility of self-reports and sexual adjustment (Supreme Court of Nova Scotia).

Consulted by Defendant as expert on credibility of self-reports and sexual adjustment (Supreme Court of Nova Scotia). October 2002.

Consulted by Plaintiff on psychological assessment in case of workplace problems related to multiple, chemical sensitivities. April 2003.

Consulted for assessment by Plaintiff on psychological impact of chronic workplace harassment. April 2004.

Consulted for sentencing by Defendant on psychological adjustment related to access to child, R v E. M. (Nova Scotia Family Court). June 2004.

Consulted by Plaintiff on psychological adjustment related to chronic employment harassment in Workers' Compensation Claim case. Assessments in June and July 2004.

Consulted by Plaintiff on psychological adjustment (in particular, anger) related to access to children. (Nova Scotia Family Court). Pre-trial settlement, November 2004.

Consulted and testified for Defendant on personality assessment of Dr. Michael Goodyear in review of suspension of privileges case before the Board of the Capital District Health Authority, Halifax. Assessment, December 2004; Decision, January 26, 2009 in favour of Dr. Goodyear.

Consulted by Plaintiff on psychological problems following trauma (Supreme Court of Nova Scotia, Antigonish), case ongoing. Assessment, March 2005.

Consulted by Defendant on psychological problems following trauma (New Brunswick Court of Queen's Bench), case ongoing. Assessment, March 2005.

Consulted by Plaintiff on malingering and psychological problems following trauma (Supreme Court of Nova Scotia). Pre-trial settlement, May 2005.

Consulted by Defendant on psychological problems following trauma (New Brunswick Court of Queen's Bench), case ongoing. Assessment, June 2005.

Consulted by Plaintiff on psychological problems following motor-vehicle collision. Assessment, February 2006. Pre-trial settlement, December 2007.

Consulted by Plaintiff on psychological problems following motor-vehicle collision. Assessment, August 2006.

Consulted by Plaintiff on psychological problems following motor-vehicle trauma. Assessment September 2006. Pre-trial settlement, September 2008.

Consulted by Plaintiff on psychological diagnosis following motor-vehicle injury. Assessment March 2007.

Consulted and testified for Plaintiff for psychological assessment, K.F. v. D.J.M. (FNGMCA4188) Family Court of Nova Scotia, Pictou, June 2007.

Consulted by Plaintiff on psychological disability related to chronic illness. Assessment July 2007.

Consulted by Plaintiff on psychological problems following motor-vehicle collision. Assessment August 2007.

Consulted by Plaintiff on psychological problems following motor-vehicle collision. Assessment August 2007.

Consulted by Plaintiff on psychological adjustment of mother, in custody and access trial. Assessment October 2007.

Consulted by Workers' Compensation Board of Nova Scotia concerning psychological assessment and treatment of injured worker with chronic pain. Assessment December 2007.

Consulted by Insurer on psychological adjustment of disability claimant. Assessment February 2008.

Consulted by Plaintiff on psychological injuries related to motor-vehicle collision. Assessment May 2008.

Consulted by Insurer on psychological adjustment of physical disability claimant. Assessment May-June 2008.

Testified as treating therapist concerning personality traits of client. September 30, 2008, R v. Campbell; Nova Scotia Provincial Court.

Consulted by Plaintiff on psychological impediments to return-to-work. Assessments December 2008 and February 2009.

Consulted by Defendant's Counsel concerning previous forensic assessments of client. File review in April 2009.

Consulted by Plaintiff on psychological impediments to return-to-work. Consultations in May 2009.

Consulted by Insurer for assessment of psychological adjustment of physical disability claimant. Assessment July 2009

Consulted by Plaintiff for psychological assessment concerning emotional trauma following traumatic incident. Assessment, August, 2009.

Consulted by Plaintiff concerning Independent Psychological Assessment prepared by another psychologist. August-September, 2009.

Consulted by Disability Manager for psychological assessment of claimant concerning emotional trauma sustained at work and fitness to return to international mission. December, 2009

Consulted by Plaintiff for Independent Psychological Assessment concerning emotional consequences of and functional limitations related to motor-vehicle collision. Assessment: January 2010.

Consulted by Plaintiff for Independent Psychological Assessment concerning psychological consequences of motor-vehicle collision. Assessment: January 2010 - April 2010.

Consulted by Human Resources for Independent Psychological Assessment for professor absent from workplace, related to stress and conflict with employer. Assessment, February 2010.

Consulted by Defendant for Independent Psychological Assessment concerning psychological injuries related to alleged inappropriate medical examination by paramedic. Assessment: February 2010.

Consulted by Veterans Affairs Canada for assessment of eligibility for disability benefits. Assessment: May 2010.

Consulted by Plaintiff for Independent Psychological Assessment concerning the psychological consequences of sexual abuse by a boys' club leader. Assessment: July 2010.

Consulted by Plaintiff for Independent Psychological Assessment concerning the psychological consequences of a motor-vehicle collision. Assessment: July 2010.

Consulted by Hospital Employer and Employee for Independent Psychological Assessment concerning emotional adjustment of employee and related employment context. Assessment: August - October 2010.

PROFESSIONAL AND ASSOCIATIONS OFFICES, COMMITTEE ACTIVITY

| | |
|-----------|------------------------------------------------------------------------------------------|
| 1984-1985 | Personnel Grants Review Committee, Saskatchewan Health Research Board. |
| 1987-1992 | Board of examiners in psychology, Saskatchewan. |
| 1987-2000 | CPA/APA Accreditation site visitor roster. |
| 1992-1994 | National Health Research Development Program Grant Review Committee. |
| 1994-1997 | President-Elect, President, Past-President, Association of Psychologists of Nova Scotia. |
| 1994-1997 | Vice-chair, Psychology Section, Atlantic Provinces Council on the Sciences. |
| 1996-1997 | Regional Chair, Council of Canadian Departments of Psychology. |
| 1996-1999 | Co-Chair, Private Practice Committee of Association of Psychologists of Nova Scotia. |
| 2002-2003 | Vice-Chair, Nova Scotia Board of Examiners in Psychology |
| 2003-2005 | Chair, Nova Scotia Board of Examiners in Psychology |
| 2005-2006 | Chair, Disciplinary Hearing Committee, Nova Scotia Board of Examiners in Psychology |
| 2009- | Board Member, Canadian Register of Health Service Providers in Psychology |

EMPLOYMENT EXPERIENCE

| | |
|-----------|-------------------------------------------------------------------------------------------------------|
| 1972-1976 | Research Assistant to Dr. Donald Meichenbaum, Psychology Department, University of Waterloo |
| 1978-1980 | Lecturer in Psychology (part-time), Wilfrid Laurier University, Waterloo, Ontario |
| 1978-1980 | Teaching Fellow, University of Waterloo |
| 1980-1985 | Assistant Professor, Psychology (Clinical Program), University of Saskatchewan (Tenure granted, 1984) |
| 1984-1992 | Associate Member, Department of Psychiatry, College of Medicine, University of Saskatchewan |
| 1985-1990 | Associate Professor, Psychology (Clinical Program), University of Saskatchewan |
| 1988 | Part-time Faculty, Dalhousie University |
| 1990-1992 | Professor, Psychology (Clinical Program), University of Saskatchewan |
| 1992-1997 | Professional Affiliate, Psychology, University of Saskatchewan |
| 1992-2000 | Professor of Psychology, Acadia University, Wolfville, Nova Scotia (Department Head, 1992-1998) |
| 1998- | Chief Psychologist, Genest Psychological Services Incorporated, Halifax |
| 2003 | Chief Psychologist, GPS Consulting Limited, Halifax |

RESEARCH AWARDS AND GRANTS

- 1978-1979 A Cognitive-Behavioural Biblio-Therapy to Ameliorate Pain. Ontario Mental Health Foundation Research Studentship. (\$6067)
- 1980-1981 Preliminary Work toward Coping with Disability Research. Dean's Discretionary Grant, College of Arts and Science, University of Saskatchewan. (\$275)
- 1980-1981 A Pilot Investigation of Patients Who Cope Well with Severe Disability. Social Science and Humanities Research Council, University of Saskatchewan. (\$2000)
- 1981-1982 Preliminary Work toward an Investigation of Methodological Problems in Laboratory Studies of Pain Using the Cold Pressor. Dean's Discretionary Grant, College of Arts and Science, University of Saskatchewan. (\$300)
- 1982 Pain and Pain Management. Health and Welfare Canada Symposium Grant. (\$5323)
- 1982 The Experience of Pain in Native and Non-Native Populations; with Dr. R. Wernick. Health and Welfare Canada and College of Medicine, University of Saskatchewan. (\$5000)
- 1982 Spontaneous Strategies for Coping with Anxiety; with Drs. R. Bowen, J. Dudley, and D. Keegan. Health and Welfare, Canada, and College of Medicine, University of Saskatchewan. (\$2400)
- 1983-1984 Coping and Adjustment in Offspring of Alcoholic Males. Saskatchewan Health Research Board. (\$4651)
- 1985-1988 Coping, Adjustment, and Cognitive Variables in Moderate to Severe Rheumatoid Arthritis. National Health Research and Development Program, Health and Welfare Canada. (\$83,557)
- 1985-1988 Phobias, Anxiety, and Alcoholism: Evaluating a Behavioral Treatment Program; with C. D'Arcy, R. Bowen, D. Cipywnyk, and D. Keegan. National Health Research and Development Program, Health and Welfare Canada. (\$75,318)
- 1989-90 Investigations of the Impact of Cardiovascular Pulmonary Resuscitation Attempts on Emergency Workers; with R. Swanson and V. Ramsden. Saskatchewan Heart Foundation, 1989-90. (\$10,000)
- 1990-91 The Impact of Resuscitation Attempts; with R. Swanson. Heart and Stroke Foundation of Canada. (\$19,000)
- 1991-92 The Impact of Resuscitation Attempts, continued; with R. Swanson. Heart and Stroke Foundation of Canada. (\$20,000)
- 1992-93 The Impact of Resuscitation Attempts, continued; with R. Swanson. Heart and Stroke Foundation of Canada. (\$18,000)

- 1993 Assessing Core Versus Peripheral Self-Knowledge - Pilot Work Toward a Reliable and Valid Instrument for Clinical Populations. Acadia University Faculty Association Research Funding. (\$ 2190)
- 1993 Intimacy, emotional awareness and expressiveness. SSHRCC Small Universities Grant, Acadia University. (\$5000)
- 1994 Emotional awareness and intimacy. SSHRCC Small Universities Grant, Acadia University. (\$2500)
- 1996 Mid-career upgrading in psychology. SSHRCC Small Universities Grant, Acadia University. (\$3000)

PUBLICATIONS

- Meichenbaum, D., & Genest, M. (1977). Treatment of anxiety: A cognitive-behavioral approach. In G. Harris (Ed.), The group treatment of human problems: A social learning approach (pp. 3-15). New York: Grune & Stratton.
- Genest, M., & Turk, D. C. (1979). A proposed model for group therapy with pain patients. In D. Upper & S. Ross (Eds.), Behavioral group therapy: An annual review (pp.237-276). Champaign, Illinois: Research Press.
- Turk, D. C., & Genest, M. (1979). Regulation of pain: The application of cognitive and behavioral techniques for prevention and remediation. In P. Kendall & S. Hollon (Eds.), Cognitive-behavioral interventions: Theory, research, and procedures (pp. 287-318). New York: Academic Press.
- Meichenbaum, D., & Genest, M. (1980). Cognitive-behavior modification: An integration of cognitive and behavioral methods. In F. Kanfer & A. Goldstein (Eds.), Helping people change (2nd Edition, pp. 390-422). New York: Pergamon.
- Genest, M. (1981). Preparation for childbirth: Evidence for efficacy. A review. Journal of Obstetric, Gynecologic and Neonatal Nursing, 10, 82-85.
- Genest, M., & Turk, D. C. (1981). Think-aloud approaches to cognitive assessment. In T. Merluzzi, C. Glass, & M. Genest (Eds.), Cognitive assessment (pp. 233-269). New York: Guilford Press.
- Merluzzi, T., Glass, C., & Genest, M., (Eds.). (1981). Cognitive assessment. New York: Guilford Press.
- Genest, M. (1982). Cognitive self-evaluation and pain: Catastrophizing, coping, and self-assessment. Cognitive Behavior Therapy Newsletter, 4, 7-12.
- Genest, M. (1983). Coping with rheumatoid arthritis. Canadian Journal of Behavioural Science, 15, 392-408.

- Mann, R., Vogel-Sprott, M., & Genest, M. (1983). Alcohol and cognition: Some preliminary observations. Journal of Studies on Alcohol, 44, 900-905.
- Turk, D. C., Meichenbaum, D., & Genest, M. (1983). Pain and behavioral medicine. A cognitive-behavioral perspective. New York: Guilford Press.
- Genest, M. (1984). The stream of cognitions in laboratory and clinical pain [Summary]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 25:2a, #183.
- Sloane, L. M., & Genest, M. (1984). Attribution of responsibility for sexual assault by male sex offenders [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 25: 2a, # 459.
- Genest, M. (1985). On kicking the behaviorist, or pain is distressing. The Behavioral and Brain Sciences, 8, 59-60.
- Hewitt, P. L., & Genest, M. (1985). Perfectionism and ideal self-schematic responding in depression [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 26: 2^a, #220.
- von Baeyer, C., & Genest, M. (1985). Roles of psychologists in Canadian pain centres. Canadian Psychology, 26, 140-147.
- Genest, M. (1986). The growth of pain and the pain of growth. Canadian Journal of Psychology, 40, 487-490.
- Genest, M. (1987). Coping and disability in rheumatoid arthritis. [Abstract]. Canadian Psychology (Proceedings of the Annual Meeting of the Canadian Psychological Association), 28: 2a, #206.
- Clair, D. & Genest, M. (1987). Variables associated with the adjustment of offspring of alcoholic fathers. Journal of Studies on Alcohol, 48, 345-355.
- Genest, M., & Genest, S. (1987). Psychology and health. Champaign, Ill.: Research Press.
- Hadjistavropoulos, T., & Genest, M. (1988). The effect of eyeglasses on physical attractiveness and person perception [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 29: 2^a, #329.
- Hadjistavropoulos, T., & Genest, M. (1988). Reconsideration of the psychological effects of contact lenses. American Journal of Optometry & Physiological Optics, 65, 814-818.
- Ramsden, V., Swanson, R., Genest, M., & Levine, J. (1988). The aftermath. The Canadian Nurse, 84,
- Genest, M. (1989). Psychological treatment of depression: Cognitive-behavioural therapy. Canadian Family Physician, 35, 1146-1150.
- Genest, M. (1989). The relevance of stress to rheumatoid arthritis. In R. W. J. Neufeld (Ed.), Advances

in the investigation of psychological stress (pp. 343-366). New York: Wiley.

- Clair, D. & Genest, M. (1989). Mediators of adjustment in non-clinical adolescent children of alcoholic fathers [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 30: 2^a, #22.
- Levine, J. M., Genest, M., Ramsden, V., & Swanson, R. (1989). Psychological impact of resuscitation attempts on emergency workers [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 30: 2^a, #43.
- Louisy, H. J., Genest, M., Amsel, E., & Cheesman, J. (1989). Automatic activation of core and peripheral self-knowledge: An idiographic approach [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 30: 2^a, #63.
- Wilson, A. R., & Genest, M. (1989). Treatment-induced shifts in self-efficacy expectations [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 30: 2^a, #73.
- Frain, J., & Genest, M. (1990). Cognitive appraisals, coping, and anxiety: Anticipating the dentist [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 31: 2^a, #40.
- Genest, M. (1990). Valutazione di strategie per la gestione dell'ansia: ricerche preliminari [Abstract]. Focus on Anxiety, 1, 41.
- Genest, M., Bowen, R. C., Dudley, J., & Keegan, D. (1990). Assessment of strategies for coping with anxiety: Preliminary investigations. Journal of Anxiety Disorders, 4, 1-14.
- Genest, M., Levine, J., Ramsden, V., & Swanson, R. (1990). The impact of providing help: Emergency workers and cardiopulmonary resuscitation attempts. Journal of Traumatic Stress, 3, 305-313.
- Hewitt, P. L., & Genest, M. (1990). The ideal-self: Schematic processing of perfectionistic content in dysphoric university students. Journal of Personality and Social Psychology, 59, 802-808.
- Genest, M. (1991). Beck to the future--A new manual of cognitive therapy. Contemporary Psychology, 37, 257-258.
- Genest, M., Swanson, R., Ramsden, V., & Genest, S. (1991). Emergency workers and CPR attempts [Abstract]. The Reality of Trauma in Everyday Life: Implications for Intervention and Policy (Proceedings of the Annual Convention of the International Society for Traumatic Stress Studies).
- Clair, D. J., & Genest, M. (1992). The Children of Alcoholics Screening Test: Reliability and relationship to family environment, adjustment and alcohol-related stressors of adolescent offspring of alcoholics. Journal of Clinical Psychology, 48, 414-420.
- Pancyr, G., & Genest, M. (1993). Cognition and pain experience. In K. Dobson & P. C. Kendall (Eds.), Psychopathology and cognition (pp. 121-158). San Diego, CA: Academic Press.

- Genest, M., Swanson, R., Ramsden, V., & Genest, S. (1993) Providing help. The impact of resuscitation attempts on rescuers. [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 34: 2^a, #17.
- Hadjistavropoulos, T., & Genest, M. (1993). The underestimation of the role of physical attractiveness in dating preferences: Ignorance or taboo? Canadian Journal of Behavioural Science, 26, 298-318.
- Genest, M., & Nickerson, W. (1994). Does increasing emotional awareness enhance intimacy? [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 35: 2^a: #83.
- Genest, M., Dosman, J., McDuffie, H., & Pahwa, P. (1995). Stress and its consequences among rural Saskatchewan residents. In H. McDuffie, J. Dosman, K. Semchuk, S. Olenchok, & A. Senthilselvan (Eds.), Human sustainability in agriculture: Health, safety, environment (pp. 451-454). Boca Raton, FL: CRC Press.
- Freeman, P., & Genest, M. (June, 1995). Sex differences in the personality-even congruence model of vulnerability to depression [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 36: 2^a: #8.
- MacLeod, F., & Genest, M. (June, 1995). Effects of kinesthetic imagery training on basketball free throw shooting [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 36: 2^a: #18.
- Thompson, R., & Genest, M. (June, 1995). Sociotropy-autonomy and negative event perception [Abstract]. Canadian Psychology (Proceedings of the Annual Convention of the Canadian Psychological Association), 36: 2^a: #15.
- Genest, M. (1995). Regular President's Columns in The Nova Scotia Psychologist, Volume 10.
- Hurst, S., & Genest, M. (1995). Cognitive-behavioural therapy with a feminist orientation: A perspective for therapy with depressed women. Canadian Psychology, 36, 236-257.
- Genest, M., & Jefferson, S. (1996). Mid-career training needs, commitments, and obstacles. [Abstract] International Journal of Psychology, 31, 389.
- Genest, M. (1998). Gender identity disorder and sexual dysfunctions. In W. Marshall (Ed.), Abnormal psychology. Prentice-Hall.
- Genest, M. (2000). Review of S. Rachman's *Anxiety*. Canadian Psychology, 41, 197-198.
- MacGillivray, R., & Genest, M. (2003). Confidentiality and the release of psychologists' files. *The Nova Scotia Psychologist*, 15:1, 12-14.
- Genest, M. (2010). Threats to the validity of Independent Psychological Assessments. *The Nova Scotia Psychologist*, 22:3, 3-9.

Genest, M. (2010). Why should I register with the Register? What the Canadian Register offers psychologists. *The Nova Scotia Psychologist*, 22:3, 16-17.

PAPERS AND PRESENTATIONS

- 1976 Honours Thesis: Factors Affecting Reading Comprehension and Recall
- 1979 M.A. Thesis: A Cognitive-Behavioural Biblio-Therapy to Ameliorate Pain. (Supervisor: Donald Meichenbaum. Committee: Kenneth Bowers, Phillip Bryden.)
- 1981 Ph.D. Thesis: Cognition, Hypnotic Susceptibility, and Laboratory-Induced Pain. (Supervisor: Donald Meichenbaum. Committee: Kenneth Bowers, Phillip Bryden, Kenneth Prkachin, Roxanne Silver; External Examiner: Kenneth Craig, UBC.)
- Meichenbaum, D., & Genest, M. (1976, December). A cognitive theory of behavior change. Paper presented at the Tenth Annual Convention of the Association for the Advancement of Behavior Therapy, New York.
- Genest, M., Meichenbaum, D., & Turk, D. C. (1977, November). A cognitive-behavioral approach to the modification of pain. Paper presented at the Eleventh Annual Convention of the Association for the Advancement of Behavior Therapy, Atlanta.
- Genest, M. (1978, August). A cognitive-behavioral bibliotherapy to ameliorate pain. Paper presented at the Annual Convention of the American Psychological Association, Toronto.
- Genest, M. (1978). Physical preparation for childbirth. Paper presented at Birth '78: Prenatal Conference, Kitchener, Ontario.
- Genest, M., & Mann, R. (1978, November). Assessing cognitions during the experience of pain and during impairment by alcohol. Paper presented at the Twelfth Annual Convention of the Association for the Advancement of Behavior Therapy, Chicago.
- Genest, M. (1979, February). A cognitive-behavioral view of therapies for pain. Paper presented at the Ontario Psychological Association Annual Convention, Toronto.
- Genest, M. (1980). Cognition and pain. Colloquium presented at Ohio State University, University of Western Ontario, University of Saskatchewan, Queens University.
- Genest, M. (1980). Cognitive-behavioural therapy for pain. Invited paper presented to the McMaster Continuing Education Pain Symposium, McMaster University, Hamilton, Ontario.
- Genest, M. (1981, April). Cognitions and laboratory-based pain: The coping process in individuals. Paper presented at the 5th Annual Meeting of the Alberta Biofeedback Association, Edmonton.
- Genest, M. (1981, April). Cognitive therapy in stress and anxiety disorders. Workshop presented to the Saskatchewan Psychiatric Association, Saskatoon.

- Genest, M. (1982, March). Self-efficacy and laboratory-induced pain. Paper presented at the symposium, Pain and Pain Management, University of Saskatchewan, Saskatoon.
- Genest, M. (1982, May). Cognitive-behavioural therapy for depression. Workshop presented for the Canadian Mental Health Association, Lloydminster, Saskatchewan.
- Genest, M. (1982, August). Hypnotic susceptibility and laboratory-induced pain. Paper presented at the Annual Convention of the American Psychological Association, Washington, D. C.
- Genest, M. (1983, December). Coping and adjustment in rheumatoid arthritis. Poster presented at the combined World Congress on Behavior Therapy and Seventeenth Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D. C.
- Pancyr, G., & Genest, M. (1983, December). Demand characteristics of procedural instructions, efficacy of cognitive coping strategies, and cold-pressor pain. Poster presented at the combined World Congress on Behavior Therapy and Seventeenth Annual Convention of the Association for the Advancement of Behavior Therapy, Washington, D. C.
- Genest, M. (1984, May). Cognitive treatment of depression. Workshop presented at the Psychological Society of Saskatchewan Spring Institute, Regina, Saskatchewan.
- Genest, M. (1984, June). The stream of cognitions in laboratory and clinical pain. Invited paper presented in the symposium, "Psychology of pain: An experimental-applied interface," at the Annual Convention of the Canadian Psychological Association, Ottawa.
- Genest, M., Bowen, R., Dudley, J., & Keegan, D. (1984, August). Spontaneous strategies for coping with anxiety. Paper presented at the Annual Convention of the American Psychological Association, Toronto.
- Sloane, L. M., & Genest, M. (1984, June). Attribution of responsibility for sexual assault by male sex offenders. Paper presented at the Annual Convention of the Canadian Psychological Association, Ottawa.
- Clair, D., & Genest, M. (1984, August). Variables associated with the adjustment of offspring of alcoholic fathers. Presented at the Annual Convention of the American Psychological Association, Toronto.
- Wernick, R., & Genest, M. (1984, August). Emergency department pain expression among natives. Poster presented at the Annual Convention of the American Psychological Association, Toronto.
- Genest, M. (1984, October). Brief psychotherapy in office practice--Emphasizing cognitive therapy and depression. Invited presentation at Office Psychiatry for General Practitioners, University of Saskatchewan, Saskatoon, Saskatchewan.
- Genest, M. (1984, October). Counselling the depressed patient. Workshop presented at Office

Psychiatry for General Practitioners, University of Saskatchewan, Saskatoon, Saskatchewan.

Genest, M. (1985, March). Constructive problem-solving. Invited presentation at Stress: Diagnosis and Management, A Conference for Physicians, University of Saskatchewan, Saskatoon, Saskatchewan.

Hewitt, P., & Genest, M. (1985, June). Perfectionism and ideal- self-schematic responding in depression. Presented at the Annual Meeting of the Canadian Psychological Association, Halifax, N.S.

Genest, M. (1986, March). Psychosocial aspects of rheumatoid arthritis. Colloquium presented at the University of Calgary.

Genest, M. (1986, June). A cognitive-behavioral perspective on resistance. The International Conference on Mental Health and Technology, Vancouver, B.C.

Genest, M. (1986, September 4,5). Stress-management strategies. Referral agent workshop, University of Saskatchewan.

Genest, M. (1987, April). Cognitive-behaviour therapy for depression. An applied-clinical workshop. Vancouver General Hospital, Vancouver, B.C.

Genest, M. (1987, May). Psychology and health. Invited keynote address, First Annual University of Saskatchewan Psychology Undergraduate Research Conference, Saskatoon, Saskatchewan.

Hadjistavropoulos, T., & Genest, M. (1987). Are people reluctant to admit that they wish to become more attractive? Poster presented at the Annual Spring Institute of the Psychological Society of Saskatchewan, Saskatoon, Saskatchewan.

Genest, M., & Mitchell, D. (1987, June). Coping and disability in rheumatoid arthritis. Paper presented at the Annual Meeting of the Canadian Psychological Association, Vancouver, B.C.

Acton, R., & Genest, M. (1987, November). A prospective study of postpartum depression: A test of a cognitive model. Paper presented at the Annual Meeting of the Association for Advancement of Behavior Therapy, Boston.

Genest, M., & von Baeyer, C. (1988, February). Talking about psychology and health: Behavioural medicine and health promotion. Colloquium presented at the University of Saskatchewan, Saskatoon, Saskatchewan.

Hadjistavropoulos, T., & Genest, M. (1988, June). The effect of eyeglasses on physical attractiveness and person perception. Poster presented at the Annual Meeting of the Canadian Psychological Association, Montreal, Quebec.

Genest, M. (1988, July). Psychological treatment of pain in Rheumatoid Arthritis. Colloquium presented at the Victoria General Hospital, Halifax, Nova Scotia.

Genest, M. (1988, August). Cognitive therapy for depression. Workshop presented for the Department

of Psychiatry, Dalhousie University, Halifax, Nova Scotia.

- Genest, M. (1988, October). Cognitive-behavioural strategies in counselling. Workshop presented to the Saskatchewan Guidance Counsellors' Association, Saskatoon, Saskatchewan.
- Clair, D. & Genest, M. (1989). Mediators of adjustment in non-clinical adolescent children of alcoholic fathers. Poster presented at the Annual Meeting of the Canadian Psychological Association, Halifax, N.S.
- Levine, J. M., Genest, M., Ramsden, V., & Swanson, R. (1989). Psychological impact of resuscitation attempts on emergency workers. Poster presented at the Annual Meeting of the Canadian Psychological Association, Halifax, N.S.
- Louisy, H. J., Genest, M., Amsel, E., & Cheesman, J. (1989). Automatic activation of core and peripheral self-knowledge: An idiographic approach. Poster presented at the Annual Meeting of the Canadian Psychological Association, Halifax, N.S.
- Wilson, A. R., & Genest, M. (1989). Treatment-induced shifts in self-efficacy expectations. Poster presented at the Annual Meeting of the Canadian Psychological Association, Halifax, N.S.
- Ramsden, V., Swanson, R., Genest, M., & Levine, J. (1988, October). CPR - Positive feedback or mental anguish? Paper presented at CPR Today Conference, Calgary.
- Ramsden, V., Swanson, R., Genest, M., & Levine, J. (1989, September). The effects of CPR on emergency providers. Paper presented at the CPR Educational Symposium, Toronto.
- Ramsden, V., Swanson, R., Genest, M., & Levine, J. (1989, October). Resuscitation impact. Paper presented at Focus on the Future - BC CPR Conference, Vancouver.
- Ramsden, V., Swanson, R., Genest, M., & Levine, J. (1989, November). The aftermath. Paper presented at the European CPR Congress, Antwerp, Belgium.
- Genest, M. (1990, June). Instructing under adversity: A workshop for faculty and graduate students who teach or dread the thought of teaching large classes. Workshop at the Annual Meeting of the Canadian Psychological Association, Ottawa, Ontario.
- Frain, J., & Genest, M. (1990, June). Cognitive appraisals, coping, and anxiety: Anticipating the dentist. Poster presented at the Annual Meeting of the Canadian Psychological Association, Ottawa, Ontario.
- Genest, M. (1991, January). Overview of current state of knowledge of stress among farm families. Paper presented at Health and Safety Issues in Agriculture, Centre for Agricultural Medicine, Saskatoon, Saskatchewan.
- Genest, M., Swanson, R., Ramsden, V., & Genest, S. (1991, October). Emergency workers and CPS attempts. Poster presented at the International Society for Traumatic Stress Studies, 7th Annual Convention, Washington, D.C.

- Genest, M., Dosman, J., McDuffie, H. (1992, May). Stress and its consequences among rural Saskatchewan residents. A pilot investigation. Paper presented at the Third International Symposium: Issues in Health, Safety and Agriculture, Saskatoon, Saskatchewan.
- Pavic, Z., & Genest, M. (1992, July). Self-construal and depression proneness: Toward a social-cognitive perspective. Paper presented at the Twenty-fifth International Congress of Psychology, Brussels, Belgium.
- Genest, M. (1993, March). Does the rescuer need rescue? CPR providers and rescue attempts. Colloquium presented at the University of New Brunswick, Fredericton, N.B.; and Dalhousie University, Halifax, N.S.
- Genest, M., Swanson, R., Ramsden, V., & Genest, S. (May, 1993) The impact of resuscitation attempts on rescuers. Paper presented at the annual meeting of the Canadian Psychological Association, Montreal.
- Ramsden, V. R., Swanson, R. W., Genest, M., & Genest, S. (1993, November). The aftermath revisited. Paper presented at the European Congress on CPR and Prehospital Care, Gent, Belgium.
- Genest, M., & Nickerson, W. (June, 1994). Does increasing emotional awareness enhance intimacy? Paper presented at the annual meeting of the Canadian Psychological Association, Penticton, B.C.
- Genest, M. (December 3, 1994). Depression. Seminar offered for the YMCA of Greater Halifax/Dartmouth Preventive Medicine Centre, Camp Hill Hospital, Halifax, N.S.
- Genest, M. (December 16, 1994). Panic disorder. Invited presentation, Continuing Medical Education, Dartmouth General Hospital, Dartmouth, N.S.
- Genest, M. (February 10, 11, 1995). The Aftermath: Facilitating debriefing of rescuers in the community. Workshop for health personnel, Saskatoon, Saskatchewan.
- Genest, M. (May 6, 1995). Public perceptions of psychologists. Presidential address to the Annual Meeting of the Association of Psychologists of Nova Scotia. The Nova Scotia Hospital, Dartmouth, N.S.
- Genest, M. (May 13, 1995). Anxiety and panic disorders: New approaches to treatment and control. Seminar offered for the YMCA of Greater Halifax/Dartmouth Preventive Medicine Centre, Camp Hill Hospital, Halifax, N.S.
- Freeman, P., & Genest, M. (June, 1995). Sex differences in the personality-event congruence model of vulnerability to depression. Paper presented at the annual meeting of the Canadian Psychological Association, Charlottetown, P.E.I.
- MacLeod, F., & Genest, M. (June, 1995). Effects of kinesthetic imagery training on basketball free throw shooting. Paper presented at the annual meeting of the Canadian Psychological Association, Charlottetown, P.E.I.

- Thompson, R., & Genest, M. (June, 1995). Sociotropy-autonomy and negative event perception. Paper presented at the annual meeting of the Canadian Psychological Association, Charlottetown, P.E.I.
- Genest, M., & Jefferson, S. (August, 1996). Mid-career training needs, commitments, and obstacles. Paper presented at the XXVI International Congress of Psychology, Montreal, Quebec.
- Hagell, M. S. & Genest, M. (June, 1997). Safer with abstinence today (S.W.A.T.): The effects of a peer sex education model on student sexual behaviour. Paper presented at the annual meeting of the Canadian Psychological Association, Toronto, Ont.
- Harvey, N., & Genest, M. (June, 1997). A study of the validity of Discretized Analog Scaling (DISCAN). Paper presented at the annual meeting of the Canadian Psychological Association, Toronto, Ont.
- Genest, M. (May 28, June 11, 12, 1997). Psychologists, psychology, and chronic pain. Workshops for the Workers' Compensation Board of Nova Scotia, Halifax, NS.
- Genest, M. (April 30, 1999). Cognitive-Behavioural Therapy. Invited presentation to the Nova Scotia Hospital's Academic Day, Dartmouth, NS.
- Genest, M. (May, 1999). Achieving a balance. Workshop for MTT, Halifax, NS.
- Genest, M. (April, 2001). Assessing chronic pain in insurance claims. Seminar for Maritime Life, Halifax, NS.
- Genest, M. (April, 2001). Coping with chronic pain. Seminar for Halifax Pain Support Group, Halifax, NS.
- Genest, M. (November, 2001). Constructive assertiveness. Seminar for CSIS Health Services, Halifax, NS.
- Genest, M. (October 21, 2002). Overcoming the "Disability" Mindset. Invited presentation at *Duty to Accommodate: Effectively Managing Your Legal Requirements* conference. Halifax, NS.
- Genest, M. (October 1, 2003). Doing more and more with less and less. Workshop for Aliant Access Engineering Management, Old Orchard Inn, Wolfville, NS.
- Genest, M. (April 24, 2004). Confidentiality and release of information in legal cases. Chair and presenter, symposium at *The Third International Congress on Licensure, Certification and Credentialing of Psychologists*, Montreal.
- Genest, M., & MacDonald, D. (October 15-16, 2005). Everybody wins! Workshop for physiotherapists and related professionals. Dalhousie University, Halifax.
- Genest, M., & MacDonald, D. (October 22-23, 2005). Everybody wins! Workshop for physiotherapists and related professionals. Workplace Health, Safety and Compensation Commission of New Brunswick, St. John NB.

- Genest, M. (November 24, 2005). Managing Mental-Health Disability: Best practices in the workplace. Invited Chair and presenter, workshop at *Managing your duty to accommodate. Best practices for the design and evaluation of your company's internal control over financial reporting*. Halifax, NS.
- Genest, M. (April 13, 2006). The psychological advantage: An overview for insurance lawyers. Invited presentation to meeting of Nova Scotia Insurance Law group.
- Genest, M. (May 4, 2007). Psychological reports: An overview for family lawyers. Invited presentation to the Family Law Conference, Canadian Bar Association–Nova Scotia. Halifax.
- Genest, M. (October 18, 2007). Juggling Jellyfish. Making the most of psychological assessments. Invited workshop at Nova Scotia Provincial Judges Association's Education Program and Semi-annual Meeting. White Point Lodge, Nova Scotia.
- Genest, M. & Genest, S. (November 2, 2007). Effective Communication in the Management of Patients with Chronic Pain and Related Problems: A guide to psychological principles and strategies. Invited workshop for case managers and health professionals, Workplace Health, Safety and Compensation Commission of New Brunswick. Moncton, NB.
- Genest, M. (September 10, 2008). Dissecting Jellyfish: A critical appraisal of psychological expertise. Invited workshop for Nova Scotia Barristers' Society. Halifax, NS.
- Genest, M. (September 15, 2008). Returning to a Stressful Workplace. Seminar for RCMP Division H Headquarters, Halifax, NS.
- Genest, M., & Genest, S. (September 28, 2008; October 3, 2008). Skills for an improved work-environment: Developing tools to address problems. Invited workshop for Emergency Department, Colchester Regional Hospital, Truro, NS.
- Genest, M. (December 4, 2008). SSRIs, placebos and alternatives: What to make of it all. Workshop for Family Physicians at 82nd Annual Dalhousie Refresher Course, Halifax, NS.
- Genest, M. (June 12, 2009). SSRIs and placebos. Theory review presentation at the Annual Convention of the Canadian Psychological Association. Montreal.
- Genest, M. (November 19, 2009). Mental illness: Practical strategies and accommodation measures for the workplace. Panel member at Labour Arbitration and Bargaining Conference. Lancaster House. Halifax, NS.

CONTINUING EDUCATION

- 1985, Dec 11-15 The Evolution of Psychotherapy. Continuing Education Credit (31 hours). Phoenix, Arizona.
- 1986, Jun 8-13 International Conference on Mental Health and Technology. Continuing Education Credit (7 hours). Vancouver, B.C.
- 1988, Jun Workshop for Accreditation Panel Site Visitors, Canadian Psychological Association, Vancouver, B.C.
- 1988, Nov 19 Integrating Cognitive and Interpersonal Approaches to Psychotherapy. Continuing Education Credit (3 hours). Annual Meeting of the Association for Advancement of Behavior Therapy, New York.
- 1990, Jun 25-29 Rational Emotive Therapy. Continuing Education Credit (15 hours, Category 1). Postgraduate course offered by the Albert Einstein College of Medicine, New York. Instructor: Albert Ellis.
- 1991, Jun 15 The Psychologist as Expert Witness: Assessing the Assessor. Workshop offered by the Canadian Psychological Association/Psychologists Association of Alberta/Canadian Research Institute for the Law and the Family, Calgary. Instructors: N. Bala, A. Hunter, J. Hornick, H. Landerkin & G. Kneier.
- 1991, Jun 24-30 The MMPI-2 in Clinical Practice. Continuing Education Credit (15 hours, Category 1). Postgraduate course offered by the Albert Einstein College of Medicine, New York. Instructor: James Butcher.
- 1993, Sep 17 Third Annual Clinical Supervisor's Workshop. Victoria General Hospital, Halifax.
- 1994, Mar 24-27 Invited participant. Mississauga Conference on Professional Psychology.
- 1994, May 12-13 Restructuring marriage: Toward intimacy and equality. Two-day workshop, Acadia University. Instructor: Augustus Napier (Knoxville, TN),
- 1995, May 5 Navigating the quagmire: Ethical and legal guidelines for psychologists. Association of Psychologists of Nova Scotia one-day workshop, Dartmouth, Nova Scotia. Instructor: James R. P. Ogloff (Simon Fraser University).
- 1995, Jun Atlantic Provinces Arbitration and Mediation Institute Level 1 (32 hr) training, Dalhousie University. Instructors: Suki Starnes and Annette Strug (AMS Mediation, Halifax).
- 1995, Aug Atlantic Provinces Arbitration and Mediation Institute Level 2 (32 hr) training, Dalhousie University. Instructors: Suki Starnes and Annette Strug (AMS Mediation, Halifax).
- 1996, Apr Treatment of adults with post-traumatic stress disorder (PTSD): A cognitive-behavioral approach. Association of Psychologists of Nova Scotia one-day workshop, Halifax. Instructor: Donald Meichenbaum (University of Waterloo).
- 1997, Apr The feeling good workshop: Fast and effective treatment for depression and therapeutic resistance. Association of Psychologists of Nova Scotia one-day workshop, Halifax. Instructor: David Burns (Stanford University).
- 2000, Jun 30 Focussed mediation: Rescuing marriages from divorce. Half-day workshop at Smart Marriages Conference, Denver, Colorado. Instructor: Stan Posthumus (Rhode Island)
- 2000, Jun 30 Resexing marriage. Half-day workshop at Smart Marriages Conference, Denver, Colorado. Instructor: Barry McCarthy (American University, Washington, D.C.).
- 2000, Jul 2 Fighting for your marriage: The PREP approach. Half-day workshop at Smart Marriages Conference, Denver, Colorado. Instructor: Susan Blumberg (Denver)
- 2000, Jul 3 Power of two: Marriage skills workshop training. Full-day workshop at Smart

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| | Marriages Conference, Denver, Colorado. Instructor: Susan Heitler (University of Denver). |
| 2001, Nov 9 | Psychology on trial: The mental health professional as an expert witness. Dalhousie University Clinical Professional Workshop (Halifax). |
| 2002, Oct 21-23 | Duty to accommodate: Effectively managing your legal requirements. Developing, implementing, and evaluating cost-effective accommodation strategies. Infonex Conference (Halifax). |
| 2003, Jan 20-21 | Professional regulation and discipline. How to run an effective, legal, and progressive professional regulatory body. Infonex Conference, Halifax. |
| 2003, Jan 22 | Writing appeal-resistant decisions. Half-day workshop, Halifax. Workshop leader: Irwin Fefergard (Toronto). |
| 2003, Jan 22 | Honing your investigative process. Half-day workshop, Halifax. Workshop leader: Megan Shortreed. (Toronto). |
| 2004, Feb 6 | Treating Obsessive-compulsive Disorder. Full-day workshop at Acadia University, Wolfville NS. Workshop leader: Dr. Christine Purdon (Univ. of Waterloo). |
| 2004, Apr 21-24 | The Third International Congress on Licensure, Certification and Credentialing of Psychologists. Montreal. |
| 2005, Feb 4 | Working with clients who have sexual difficulties. Full-day workshop at Acadia University, Wolfville NS. Workshop leader: Dr. Sandra Byers (Univ. of New Brunswick, Fredericton NB). |
| 2007, Mar 22 | Forensic Mental Health Assessment: Principles and Cases. One-day workshop, Montreal, American Academy of Forensic Psychology (7 hr. CE credit) . Dr. Kirk Heilbrun, presenter. |
| 2007, Mar 23 | Psychological Independent Medical Examinations in Disability Matters. One-day workshop, Montreal, American Academy of Forensic Psychology (7 hr. CE credit). Dr. Lisa Piechowski, presenter. |
| 2008, Mar 8 | The MMPI-2-RF (Restructured Form): An Introduction for Forensic Psychologists. One-day workshop, Jacksonville FL, American Academy of Forensic Psychology (7 hr. CE credit). Dr. Yosef Ben-Porath, presenter. |
| 2008, Jun 11 | The Truth About Lies: A State-of-the-Art Training Workshop in Detecting Deception. Half-day workshop, Canadian Psychological Association, Halifax. (3 hr. CE credit). Dr. Steve Porter, presenter. |
| 2009, Oct 23 | MMPI-2-RF. One-day workshop. Halifax. Dr. Joseph Ben-Porath, presenter. |

CURRENT PROFESSIONAL PRACTICE

Independent Clinical Practice since 1982, with up to six additional psychologists working under supervision. In 1998, practice was incorporated.

Assessments and therapy

- therapy with individuals suffering stress, trauma, depression, anxiety, anger, chronic pain or illness, sexual problems
- therapy with couples seeking to improve relationships, to improve the effectiveness of their

- communication, to resolve conflict constructively, to resolve sexual problems
- comprehensive psychological assessments: motor vehicle accidents, work-related injuries, other psychological traumas, intellectual (cognitive) assessments - for insurance and legal purposes
- primary therapeutic approach is cognitive-behavioural, incorporating interpersonal and emotion-focussed therapy

Legal consultation

- consultation concerning the aftermath of traumas, psychological injury, malingering, psychological assessments of other psychologists
- testified as expert witness in Family Court and Supreme Court in Saskatchewan and Nova Scotia concerning reports of sexual assault, psychological adjustment of parents in custody disputes, aftermath of traumatic experiences, malingering, psychological consequences of invasive oil drilling on farm families (Hearing by the Energy Resources Conservation Board of Alberta)

Consulting to business, institutions

- consultation concerning psychological adjustment of workers and potential for violence
- consultation concerning planning, implementing, and evaluating wellness programs in the workplace
- facilitation of workshops, in-service training, communications skills and dispute-resolution skills training and coaching, stress-management strategies
- training of management in conflict-resolution skills and strategies
- mediating workplace conflict

Workshops

- for business, management, institutions :
 - stress-management, conflict-resolution skills, relationship building
- for couples:
 - communication skills, conflict-resolution, increasing intimacy

GRANT, PROMOTION AND GRADUATE COMMITTEE ACTIVITY

Promotion Reviews - University of Waterloo (1988), University of Calgary (1989), Memorial University of Newfoundland (1994).

Grant Reviews - British Columbia Health Research Board (1984, 1997), Alberta Mental Health Advisory Council (1986), The Arthritis Society (1989), SSHRCC (1993), The Hospital for Sick Children Foundation (1995).

Regular Editorial Reviews - Canadian Journal of Behavioural Science, Cognitive Therapy and Research, Canadian Psychology, Journal of Child Psychology and Psychiatry, Journal of Abnormal Psychology, Psychological Bulletin, Behavior Therapy, Journal of Consulting and Clinical Psychology, Journal of Personality, Health Psychology.

Program Committees - Annual Convention, Association for Advancement of Behavior Therapy (1987), Canadian Psychological Association (1990), Third International Symposium: Issues in Health, Safety and Agriculture (1992).

External Reviewer for Dean of Graduate Studies. Application by Memorial University of Newfoundland for doctoral clinical psychology program.

External Reviewer for combined Canadian Psychological Association/American Psychological

Association. Application by University of Western Ontario for renewal of Accreditation of its doctoral clinical psychology program.

- Bocksnick, J. G. (1987). The development of a self-report questionnaire for establishing individual leisure time activity profiles. Master's thesis, University of Saskatchewan, Physical Education [External examiner].
- Billinton, L. (1990). M.N. thesis, University of Saskatchewan, College of Nursing. [External Examiner]
- Frizzell, B. J. (1990). Self-focused attention in depression and its relationship to internal self-discrepancies and rumination in decision making. Ph.D. dissertation, University of Calgary. [External Examiner]
- Sperry, J. M. (1990). Pain behaviour and self-efficacy in chronic headache sufferers: An integrated field and laboratory study. Ph.D. dissertation, University of New Brunswick. [External Examiner]
- Richards, W. H. (1992). Wanuskewin: A documentary film score. Master of Music thesis, University of Saskatchewan, Department of Music. [External Examiner]

TEACHING

- 1976-1978 Teaching Assistantships: Psychopathology course (3rd year undergraduate); Graduate Practicum in Cognitive Assessment (supervising Master's students), University of Waterloo.
- 1976-1979 Co-Instructor: Childbirth Preparation Classes, Conestoga College and Kitchener-Waterloo Hospital, Kitchener, Ontario.
- 1978 Teaching Fellowship: The Psychology of Sex Differences (Lecturer in team-taught undergraduate course), University of Waterloo.
- 1978-1980 Part-time Lecturer in Psychology, Wilfrid Laurier University, Waterloo, Ontario (Introductory Psychology and Clinical Psychology courses, intramural and extramural).
- 1978-1980 Instructor: Introductory Psychology (intramural and extramural); Social Psychology, University of Waterloo.
- 1980-1992 Faculty Member, Clinical Program, Department of Psychology, University of Saskatchewan (and since 1984, Associate Member in Department of Psychiatry).
- Undergraduate teaching included Introductory Psychology and Abnormal Psychology.
- Graduate teaching included Clinical Assessment, Psychotherapy, Advanced Graduate Psychopathology, Cognitive-Behavioural Therapy, Clinical Supervision, Cognitive Therapy Seminars in Psychiatry, Research Team Coordinator and Leader.
- 1988 Summer School Instructor, Clinical Topics (Depression), Dalhousie University,

Halifax, N.S.

1992-2000 Professor, Department of Psychology, Acadia University. Undergraduate teaching: Human Sexuality. Graduate teaching includes Psychotherapy, Internship supervision, thesis supervision.

THESES SUPERVISED

- Barsky, V. (1982). The effect of cognitive coping processes on depression in rheumatoid arthritis. Honour's thesis, University of Saskatchewan.
- Clair, D. (1983). The effects of stress, coping, and social support on the adjustment of young-adult offspring of alcoholic fathers. Master's thesis, University of Saskatchewan.
- Pancyr, G. (1983). Demand characteristics of procedural instructions, efficacy of cognitive coping strategies, and cold-pressor pain. Master's thesis, University of Saskatchewan.
- Sloane, L. (1984). Victim blame by convicted sex offenders. Master's thesis, University of Saskatchewan.
- Hewitt, P. (1984). Perfectionism and ideal-self schematic responding in depressives. Master's thesis, University of Saskatchewan.
- Haverstock, L. (1984). Effect of treatment on sexual attitudes, knowledge, and contraceptive views of male sexual conservatives/liberals. Ph.D. dissertation, University of Saskatchewan.
- Dobbin, G. R. (1985). Relaxation training and guided imagery as an adjunct treatment for rheumatoid arthritis. Master's thesis, University of Saskatchewan.
- Lozinsky, M. R. (1985). Coping strategies inventory: Development of a scale to measure anxiety-coping strategies. Honour's thesis, University of Saskatchewan.
- Wilson, A. R. (1986). Stress-inoculation training for the alleviation of test anxiety: A self-efficacy analysis of the behavior change process. Ph.D. dissertation, University of Saskatchewan.
- Zemp, L. R. (1987). The effects of mood on memory during the administration of a retrospective questionnaire. Master's thesis, University of Saskatchewan.
- Hadjistavropoulos, T. (1987). A study of the relationship of physical appearance with psychological functioning. Master's thesis, University of Saskatchewan.
- Acton, R. (1988). A prospective study of postpartum depression: A test of a cognitive model of depression. Ph.D thesis, University of Saskatchewan.
- Pancyr, G. C. (1988). The effect of mood on pain: A laboratory investigation. Ph.D. dissertation, University of Saskatchewan.

- Clair, D. J. (1989). An examination of the adjustment of offspring of alcoholics from a relational perspective of stress. Ph.D. dissertation, University of Saskatchewan.
- Louisy, H. J. (1989). Automatic activation of core and peripheral self-knowledge: An idiographic approach. M. A. thesis, University of Saskatchewan.
- Frain, J. G. (1990). Cognitive appraisal, coping, and anxiety: Anticipating the dentist. M.A. thesis, University of Saskatchewan.
- Hadjistavropoulos, T. (1991). The underestimation of the role of physical attractiveness: Ignorance or taboo? Ph.D. dissertation. University of Saskatchewan.
- Sloane, L. (1991). Effect of victim interpersonal style, rape label, and subject sex on attributions of responsibility for sexual assault. Ph.D. dissertation. University of Saskatchewan.
- Levine, J. (1992). Reformulated learned helplessness revisited: Attributions, coping, and depression. Ph.D. dissertation. University of Saskatchewan
- Pavic, Z. (1992). Self-construal and depression proneness. M.A. thesis. University of Saskatchewan.
- Thompson, R. R. (1993). Sociotropy-Autonomy and negative event perceptions: Vulnerability factors in depression. Honours B.A. Thesis. Acadia University.
- Hubley, K. (1994). Emotional expressiveness, ambivalence and psychological well being. Honours B.A. thesis, Acadia University.
- Knight, N. (1994). Imagery training for basketball free-throw performance. Honours B.A. thesis, Acadia University.
- Nickerson, W. (1994). Intimacy, emotional awareness and expressiveness. M.Sc. thesis, Acadia University.
- MacLeod, F. (1995). The effects of kinesthetic imagery ability and training on basketball free-throw performance. Honours B.Sc. thesis, Acadia University.
- Freeman, P. (1995). Sex differences in the personality-event congruence model of vulnerability to depression. M.Sc. thesis, Acadia University.
- Jefferson, S. (1996). Mid-career training needs, commitments, and obstacles. B.Sc. thesis, Acadia University.
- Rice, K. (1996). Disclosing traumatic experiences: Exploring the role of confidants' feedback. B.Sc. thesis, Acadia University.
- Hagell, S. (1997). Safer with abstinence today (S.W.A.T.): The effects of a peer sex education model on student sexual behaviour. B.Sc. thesis, Acadia University.
- Harvey, N. (1997). A study of the validity of Discretized Analog Scaling (DISCAN). M.Sc. thesis,

Acadia University.

Keddy, R. D. (1998). Attitudes toward pain and training progress. B.Sc. thesis, Acadia University.

Steven Jefferson. (1998). Assessing the stability and influence of sociotropy in dysphoric and nondysphoric moods. M. Sc. thesis, Acadia University.