

# Hayley Ellwood

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## EDUCATION

**Adler University** [Vancouver, British Columbia]

Expected graduation 2019

*Doctor of Psychology in Clinical Psychology*

**Dalhousie University** [Halifax, Nova Scotia]

2010—2014

*Bachelor of Science in Psychology*

## DOCTORAL INTERNSHIP EXPERIENCE

**Sam Houston State University Counseling Center** [Huntsville, Texas]

August 2018—present

- ◆ Provide individual, couples, group, and web-based therapy to a diverse student population
- ◆ Complete first-contact screenings and make service dispositions
- ◆ Complete psychoeducational assessments and reports for Services for Students with Disabilities
- ◆ Facilitate psychoeducational workshops and provide outreach presentations at professors' requests
- ◆ Act as on-call Counselor in Residence for mental health emergencies outside of clinic hours
- ◆ Act as primary supervisor for Masters level student
- ◆ Contribute to program development

## DOCTORAL PRACTICUM EXPERIENCE

**Tri-Cities Child & Youth Mental Health** [Port Moody, British Columbia]

Spring 2017—Winter 2018

- ◆ Provided individual therapy for teenagers with a variety of presentations
- ◆ Completed first-contact screenings and made service dispositions, external community referrals
- ◆ Produced comprehensive assessment and treatment reports
- ◆ Consulted with on-site psychiatrist, social workers, school staff

**PLEA Community Services Society** [New Westminster, British Columbia]

August 2016—August 2017

- ◆ Provided individual therapy for young adults living in a residential treatment program
- ◆ Completed cognitive assessments and reports to inform workplace placement supports
- ◆ Consulted with caregivers, case managers, and support workers to develop comprehensive treatment plans

**WorkBC Employment Services Center** [Vancouver, British Columbia]

September 2015—October 2016

- ◆ Completed integrated assessment testing and reports for adults facing challenges entering or re-entering the workforce
- ◆ Provided brief counseling for clients with persistent difficulties in the workplace environment
- ◆ Co-created and co-facilitated two rotations of a 10-week psychoeducational and skill-building group for anxiety management

**British Columbia Psychological Association** [Vancouver, British Columbia] Spring 2015

- ◆ Assisted with Continuing Education workshops, programming, as part of pre-clinical practicum

**Metro Vancouver West Community Corrections** [Vancouver, British Columbia] Fall 2014

- ◆ Collected data for program evaluation as part of pre-clinical practicum

## **WORKSHOPS, CONFERENCES, AND OTHER TRAININGS**

**Haven LGBTQ+ Ally Training** 2018

Dr. Michelle Stone (Sam Houston State University)

**Diversity Within Diversity Conference** 2018

Dr. Sandra Lopez (Houston Group Psychotherapy Society)

**The Power of Non-Violent Communication** 2017

Jim Thompson, MA (Adler University hosted workshop)

**The Basics of Trauma Treatment for Students & New Therapists** 2016

Dr. Leslie Ellis (Adler University hosted workshop)

**The New DBT Skills—Part 1: Mindfulness & Distress Tolerance** 2016

Dr. John Wagner & Dr. Alex Chapman (Vancouver DBT Center)

**Using Behavioral Experiments in the Treatment of Anxiety Disorders** 2016

Dr. Michelle Robichaud (Vancouver CBT Center)

**New Directions in the Treatment of Complex Trauma** 2015

Dr. John Briere (British Columbia Psychological Association hosted workshop)

**Impact Therapy: A Multisensory Approach to Therapy** 2015

Dr. Ed Jacobs & Dr. Nina Spadaro (British Columbia Psychological Association hosted workshop)

## **AWARDS**

**Community Recognition Award** 2016

Pacific Community Resources Society (awarded for work with WorkBC)