

DR. FRANK FEDDE
REGISTERED PSYCHOLOGIST

NS#0903, BC#2162

Education

Doctor of Philosophy in Counseling Psychology (Ph.D.) 9/2005 - 9/2009
The University of Memphis □ *Memphis, USA*
Department of Counseling, Educational Psychology, and Research
Accredited by the American Psychological Association

Master of Arts in Counseling Psychology (M.A.) 8/2003 - 5/2005
Specialization: *Child & Youth Counseling*
Lewis & Clark □ *Portland, USA*
Graduate School of Education and Counseling
Accredited by the Council of Accreditation of Counseling and Related Educational Programs (CACREP)

Master Diploma Social Work (Dipl. Soz. Paed.-FH) 10/1999 - 9/2003
Specialization: *International-Intercultural Social Work*
Katholische Universitaet Eichstaett □ *Eichstaett, Germany*
Department of Social Work

Nursing Assistant Certificate 3/1997
Malteser Hilfsdienst Augsburg □ *Augsburg, Germany*

Honors, Awards, and Public Service

British Columbia Psychological Association Representative 1/2016 - current
British Columbia Department of Public Safety Driver Safety Advisory Committee

Graduate Student Association Travel Grant, Award amount US\$500 6/2007
Supporting the presentation of awarded research at the 115th Annual APA Convention in San Francisco, U.S.A.
The University of Memphis

Research Award, 1st Place, 19th University of Memphis Student Research Forum 4/2007
Pre-doctoral research titled: "The power of secrets: Predictive value of relevant/irrelevant client secrets for Therapy satisfaction."
The University of Memphis

Graduate Assistant, Tuition amount: US\$94,000; Stipend amount: US\$36,000 8/2005-8/2008
The University of Memphis

Fulbright Scholar, Tuition amount: US\$19,800; Stipend amount: US\$18,600 9/2003 –5/2005
U.S. State Department and the Foreign Ministry of Germany

Work Experience in Chronic Pain and Trauma Treatment

Psychologist in Private Practice – Fulltime 3/2019 - current

Genest & McGillivray Psychologists □ *Halifax, NS, Canada*

Duties: Individual, Family, and Couples Therapy, primarily for clients suffering from PTSD, Chronic Pain, Anxiety Disorders, chronic Depression, and interpersonal conflict. Preferred provider with the Veterans Affairs Canada, Canadian Armed Forces, RCMP, and WBC-NS. Treatment-oriented assessments and supervision of Provisional Psychologists.

Senior Psychologist, Fulltime Permanent 4/2017 – 3/2019
Registered Psychologist, Fulltime Permanent 10/2013 – 3/2019

Canadian Back Institute (CBI) - Orion Health Services □ *Surrey, Canada*

Supervisory Duties: Supervising treatment delivery of 6 Registered Psychologists, 4 Registered Counselors, and 2 Doctoral Practicum Students; Consultation on ethical decision making and critical incidents across programs and clinical teams; Organizing and leading peer supervision with an emphasis on quality, sustainability, and accessibility of services; education and program development

1. Organizational leadership: Organizing psychological service delivery of the outpatient Chronic Pain Management Program, the PTSD treatment program, and the Occupational Rehabilitation Program.
2. Staffing: Assisting in hiring and retention strategies of Mental Health staff. Reviewing applications, leading job interviews, analyzing staffing needs, and developing innovative advertisement concepts. Onboarding and training of new staff members.
3. Consultation: Offering consultation on complex ethical scenarios and critical incidents to staff members across the clinic environment.
4. Organizational Development: Contributing to the Continuing Education Curriculum with regular presentations on pain & trauma best practices (CBT, EMDR), suicide prevention, ethics, technological advances, and complex case studies. Developing and reviewing staff training courses.
5. Business & Program Development: Promoting a caring treatment delivery while exploring new areas of revenue.
6. Peer Supervision: Organizing agenda-driven Psychology Staff Meetings to maintain the most recent evidence-based treatment standards, to innovate new concepts, and to offer a safe environment in which to process the challenges of working with PTSD and chronic pain patients.

Clinical Function: Psychological assessments of trauma and chronic pain, individual psychotherapy, group psycho-education (sleep/mood/stress/anxiety management), and facilitation of group relaxation classes (PMR, Diaphragmatic Breathing, Autogenic Training, Visualization, & Mindfulness). Case manager and community provider communication as well as documentation of treatment progress in case notes and reports.

1. Collaboration with stakeholders (insurance case managers, psychology and medical advisors, community health service providers, GPs, specialists, and employers)
2. Mediation between clients and case managers
3. Individual and Group Therapy both in the chronic pain and the trauma programs.

Psychologist, Full and Part-time Permanent

10/2012 – 9/2013

Endowment Hospital Noerdlingen, Outpatient Pain Day Treatment Centre □ Noerdlingen, Germany

Duties: Assisted in the Program Development of psychological content for a newly established rural Outpatient Chronic Pain Clinic. Offered Cognitive Behavioral Therapy with an active coping emphasis to individuals suffering from fibromyalgia, chronic back pain, and neuropathic pain with the goal of emotional readjustment and return to work. Offered booster treatment for returning clients 6 months post-discharge.

1. Individual and Group Therapy on emotion management, lifestyle reorientation, sleep hygiene, and relaxation.
2. Conceptualized educational content to correspond optimally to the needs of chronic pain patients in a rural setting
3. Collaborated on treatment planning with an interdisciplinary team consisting of physicians, physical therapists, occupational therapists, and art therapists.

Chief Psychologist, Full-time Permanent

3/2011- 9/2011

Interdisciplinary Center for Anesthesiology, Intensive Care, Pain Management, and Palliative Care, Benedictus Hospital Tutzing □ Tutzing, Germany

Supervisory Duties: Clinical leadership for a team of 5 Psychologists and 2 Masters and Doctoral-level Psychotherapy Residents. Organized the delivery of psychological services to patients of a 27-bed inpatient chronic pain unit, an 8-bed palliative care unit, and a specialized outpatient chronic pain program. The inpatient services specialized on chronic headaches, neuropathic pain, nerve stimulator and morphine pump implants, herpes zoster recovery, and supervised medication withdrawal. Outpatient groups specialized on fibromyalgia, geriatric pain, and recovery from chronic injuries.

1. Organizational leadership: Organizing psychological service delivery for the clinic's in-patient chronic pain unit, the outpatient chronic pain program, and the palliative care unit. Hiring decisions, new employee orientations, and supervision. Liaising between hospital management and psychology faculty to adopt procedural changes expected by the accrediting bodies.
2. Outreach: Public Relations through presentations at pain rounds, conferences, and patient association meetings. Updating the psychological content on PR material, website, and flyers.

3. Human Resources: Offering consultation for the HR Department and senior management to help resolve complex labor relations issues across the hospital.
4. Program Development: Assisting with developing new concepts for better alignment of existing procedures with evidence-based principles of interdisciplinary pain treatment (e.g. implementation of standardized diagnostic tools and treatment methods to promote outcome research, identifying treatment priorities, and developing documentation standards).

Clinical Function: Individual and group therapy for chronic pain and palliative care patients

1. Individual therapy and leading cognitive-behavioral groups for Fibromyalgia, geriatric pain, and complex pain. Pain assessments, treatment planning, and efficient reporting.
2. Crisis intervention on the emergency response unit including consoling relatives of fatal accidents
3. Psychological preparation of patients expecting limb amputation and processing end of life diagnoses as part of palliative care.

Provisionally Registered Psychologist, Full-time Permanent

08/2009 – 11/2010

Predoctoral Resident

08/2008 – 11/2009

Workers' Compensation Board-Alberta: Millard Health Centre □ Edmonton, Canada

Duties: CPA-accredited Pre-doctoral Residency with rotations in Occupational Rehabilitation, Head Trauma, and Chronic Pain. After completion of 2000 hours of supervised practice, hired as fulltime staff for the Chronic Pain Program under post-doctoral supervision of Richard Koehn, Psy.D., and Peter Lyons, Ph.D., Registered Psychologists.

1. Comprehensive Psychological, Pain, Neuropsychological, and Achievement Testing of individuals with severe workplace injuries and trauma.
2. Cognitive-Behavioral trauma therapy, life adjustment therapy, and career counseling.
3. Psychoeducational groups on CBT, DBT/Mindfulness, Pain management, Sleep management, and relaxation.

Work Experience in Pediatric Psychology

Psychologist in Outpatient Pediatric Psychiatry, Part-time Permanent

1/2013 – 9/2013

Josefinum Hospital □ Noerdlingen, Germany

Duties: Outpatient psychiatric assessment and treatment of children suffering from severe comorbid mental health conditions, learning disabilities, and developmental disorders. Interdisciplinary treatment planning, crisis management, and relapse prevention.

1. Medical-legal assessments to determine the patient's eligibility for outpatient psychiatric and educational programs at school. Writing comprehensive psychological reports.
2. Behaviorally oriented individual therapy for children, parenting training, and family therapy.

Doctoral Practicum in Pediatric Neuropsychology, Part-time Temporary 06/2007 - 12/2007
LeBonheur Children's Medical Center - Pediatric Neuropsychology □ *Memphis, USA*

Duties: 300 hours of supervised Neuropsychological Assessments of children with learning disabilities, neurological disorders, and developmental disorders. Accredited internship site by the American Psychological Association of Graduate Students (APAGS). On-site supervisor: V.R. Brewer, Ph.D., Past President of the Tennessee Psychological Association

1. Administration of an extensive battery of neuropsychological assessments evaluating attention, visual-spatial, motor, memory, cognitive ability, and academic knowledge.
2. Case conceptualization and integration of test results in comprehensive psychological reports.

Masters Internship in Pediatric Behavioral Health, Part-time Temporary 09/2004 - 05/2005
OHSU Children's Psychiatric Day Treatment Center □ *Beaverton, U.S.A.*

Duties: 300 hours of supervised practice in Psychodynamic and Behaviorally-oriented Outpatient Treatment for children suffering from severe comorbid behavioral and emotional disorders. On-site supervisor: Jan Eaton-Bennette, L.C.S.W., Campus supervisor: Richard Rosenberg, Ph.D., Licensed Psychologist

1. Group and play therapy with an emphasis on natural behavioral consequences and development of emotional downregulation skills.
2. Interdisciplinary case conceptualization and documentation of treatment progress.

Social Work Internship in Vocational Counseling, Full-time Temporary 01/2002 - 03/2002
Kolping e.V. Weissenburg □ *Weissenburg, Germany*

Duties: 540 hours of supervised practice in a Ministry of Employment sponsored program that involved offering Vocational Counseling to at-risk youth who were disadvantaged in their career opportunities due to mental health conditions, learning disabilities, and behavioral problems. On-site supervisor: Reinhard Wild, Dipl. Psych. (Registered Psychologist)

1. Psychoeducation on career relevant topics such as career planning, resume writing, and interviewing.
2. Assisting clients with the procurement of practicum and apprenticeship opportunities.
3. Occupational and Art Therapy in a group format with the goal of developing the ability to work in teams, practice healthy communication, and regain greater emotional stability.

Social Work Internship in Marriage and Family Therapy, Full-time Temporary 3/2002-10/2003
Ministry of Child and Family Development Counseling Centre Neuburg □ Neuburg, Germany

Duties: 1232 hours of supervised practice in Marriage and Family Therapy for parents, children, and families.
On-site supervisor: Wolfram Siewert, Dipl. Psych. (Registered Psychologist)

1. Individual play therapy for traumatized children suffering from past or presently suspected sexual or physical abuse.
2. Co-facilitation of Family Therapy with a system theory focus for parents and their behaviorally challenged children.
3. Community Outreach through co-leading open attendance parenting groups.

Practicum in Speech Pathology, Full-time Temporary 04/1997 - 07/1997
Speech Pathology Pre-school Baerenkeller □ Augsburg, Germany

Duties: 160 hours of supervised practice in speech pathology and behavioral management.

1. Developed, planed, and executed developmentally relevant group activities for preschool children with speech disabilities.
2. Under supervision, offered specialized motor and speech therapy treatment exercises to individual children.

Work Experience in Community Mental Health

Masters Internship in Community Mental Health, Part-time Temporary 09/2004 - 05/2005
Good Samaritan Ministries □ Beaverton, U.S.A.

Duties: 300 hours of supervised practice in non-profit Community Mental Health Counseling for primarily low-income families, children, and adults. On-site supervisor: Scott Page, M.A., Licensed Professional Counselor

1. Offered individual therapy for adults suffering from a range of mental health conditions including childhood trauma, relationship difficulties, co-dependency, depression, schizophrenia, paranoid personality disorder, and substance-induced psychotic disorders.
2. Offered individualized behavioral therapy for children suffering from trichotillomania, depression, and anger. Offered parenting training to support behavioral interventions developed in individual therapy.
3. Offered family therapy with a systemic focus

Social Work Internship in Addictions Treatment, Full-time Temporary

05/2000 - 07/2000

Low-Threshold Drug Misuse Intervention Centre Augsburg □ *Augsburg, Germany*

Duties: 100 hours of supervised practice in Addictions Counseling with individuals and groups. Campus supervisor: Prof. Dr. Katherina Mayer, University of Eichstaett

1. Offered low-threshold contact for active drug and polysubstance abusing clients with the goal of reducing obstacles to seeking detox and addictions treatment.
2. Assisted full-time staff in providing a safe environment in which active drug users could develop healthy social connections, get assistance for seeking detox and treatment, and fulfill basic needs (e.g. food, shelter, personal hygiene).
3. Outreach to active drug users when hospitalized for HIV or detox treatment to build therapeutic relationships and lay a foundation that would increase chances of clients seeking out services after discharge.

Work Experience in Academic Testing and Treatment

Doctoral Practicum in Academic Testing & Career Counseling, Part-time Temporary 09/2006 - 08/2007

University of Memphis Center for Counseling, Learning, and Testing □ *Memphis, USA*

Duties: 306 hours of supervised Academic Testing of university students for the purpose of determining eligibility for educational modifications. Accredited internship site by the American Psychological Association. On-site supervisor: Robert Maichrowicz, Ph.D., Licensed Psychologist

1. Achievement & Personality testing, Attention-Deficit Evaluations, and Vocational Testing for university students. Writing comprehensive psychological reports for the Department of Disability Resources to guide educational modifications and exam conditions.
2. Career and psychological counseling to students suffering from a variety of mental health conditions including depression, relationship issues, and drug abuse.
3. Offered remedial counseling for students on academic probation due to drug abuse on campus, violent behavior or poor academic performance.

Doctoral Practicum in Group Therapy, Part-time Temporary

01/2006 - 04/2006

The University of Memphis Department of Counseling, Educational Psychology & Research □ *Memphis, USA*

Duties: 36 hours of leading and co-leading a process-oriented group for university students using principles of Yalom's process group therapy model; Campus supervisor: Richard Lightsey, Ph.D., Licensed Psychologist

Work Experience in Research

Graduate Research Assistant

05/2006 – 7/2008

Center for Research and Educational Policy (CREP), The University of Memphis □ Memphis, USA

Duties: Measuring school performance of K12 Educational Institutions for the Department of Education in several states to guide educational policy making.

1. Supporting the lead researchers' conducting qualitative and quantitative research on educational institutions nationwide.
2. Management of large data sets.
3. Editing research reports before delivery to State Departments of Education and the individual schools.

Graduate Research Assistant in Quantitative and Qualitative Research Methods

09/2005 - 04/2006

Kakali Bhattacharya, Ph.D., Associate Professor of Educational Research Jade Xu, Ph.D., Associate Professor of Educational Research, *The University of Memphis, Department of Educational Psychology □ Memphis, USA*

1. Research Assistance in the area of qualitative and quantitative research methods
2. Research grant applications
3. Literature research and class preparations
4. Grading homework in graduate level statistics and research methods classes

Publications

Fedde, F. (2009). *Secret keeping and working alliance: The impact of concealment on the therapeutic process and the development of a solid client-therapist relationship*. Memphis, TN: The University of Memphis, Dissertation 3400158.

Paek, J., McKay, D., Harrison, L., Ross, S. M., & Fedde, F. (2008). *Supplemental Educational Services in the State of Tennessee: 2006–2007*. Memphis, TN: Center for Research in Educational Policy.

McKay, D., Paek, J., Harrison, L., Qian, H., Zoblotsky, T., Ross, S. M., Fedde, F. (2008). *Supplemental Educational Services in the State of Virginia: 2006 – 2007*. Virginia Department of Education. http://www.doe.virginia.gov/boe/meetings/2008/04-apr/agenda_items/item_p.pdf

Fedde, F. (2003). *Qualitätssicherung in der Jugendberufshilfe als Aufgabe für die Soziale Arbeit*. Eichstaett: Universitaet Eichstaett, Masters Thesis.

Presentations

Fedde, F. (2018, March). *Psychology in Pharmacy Practice*, University of British Columbia, Pharmacy Department, Vancouver, BC, Canada

Fedde, F. (2014, June). *Chronic Pain Treatment in Rural Settings*, Invited Speaker at the Missouri Psychological Association Annual Convention, Kansas City, MI, U.S.A.

Bridges, S., Daniel, S., Fedde, F., Anderson, J., & Hiestand, K. et al. (2008, June). *Constructivist Psychotherapy in the Classroom and in the Real World: In Depth Training in Coherence Therapy*, Paper presented at the Constructivist Psychology Network Biennial Conference, Victoria, BC, Canada.

Invited member of the APAG Focus Group on PsychInfo (2007, August). 115th Annual APA Convention, San Francisco, CA, U.S.A.

Fedde, F., Sayger, T.V., Leierer, S. J. (2007, August). *The Predictive value of relevant/irrelevant client secrets for satisfaction with therapy*: Poster presented at the 115th Annual APA Convention, San Francisco, CA, U.S.A.

Fedde, F., Sayger, T.V., Leierer, S. J. (2007, March). *The Power of secrets: Predictive value of relevant/irrelevant client secrets for satisfaction with therapy*: Poster presented at the 19th Annual Student Research Forum, The University of Memphis, Memphis, TN, U.S.A.

Supervisory Experience

CBI - Orion Health Services □ Surrey, Canada

10/2015 – current

Duties: Supervised student in advanced therapy skills, group facilitation, and ethics.

Danial Asadolahi, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Shauna Randhawa, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Marla, Korecky, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Shirley Ley, Psy.D. Practicum Student Adler University, Vancouver, BC, Canada

Benedictus Krankenhaus Tutzing □ Tutzing, Germany 8/2011 – 9/2011 Duties:

Supervised interns in advanced therapy skills and ethics.

Ulrike Smolnik, Dipl. Psych. (Univ.), Post-graduate Psychotherapy Resident

Millard Health Centre □ Edmonton, Canada

9/2008 – 9/2010

Duties: Supervised residents and practicum students individually and in group supervision on the application of advanced therapy skills, offering supervision, biofeedback, psychoeducation, and ethics.

Meredith Evans, Doctoral Resident in Clinical Psychology, University of Massachusetts

Kyle Schalk, Doctoral Resident in Counseling Psychology, University of Calgary

Anoosha Agahkhani, Doctoral Resident in Counseling Psychology, University of Edmonton

Carlton Duff, Doctoral Practicum student in Counseling Psychology, University of Edmonton

Lauren Alsten, Undergraduate intern in Biofeedback, University of Edmonton

Warren Caldwell, Undergraduate intern in Biofeedback, University of Edmonton

The University of Memphis □ Memphis, USA

1/2008 - 4/2008

Duties: Supervised the practicum students in basic counseling skills & ethics

Jamie Reckelhoff, Master Practicum student in Rehabilitation Counseling

Jennifer M. Simmons, Master Practicum student in Rehabilitation Counseling

Selected Specialized Psychotherapy and Supervision Training

Action-Packed Cognitive Behavioral Therapy, 2 day Training by Christine Padesky, PhD. hosted by Cognitive Workshops, Vancouver, Canada, 11/2018

Advanced Coherence Therapy, 2 day Training by Sara Bridges, Ph.D. and Bruce Ecker, M.A., hosted by the Coherence Psychology Institute, New York City, USA, 11/2017

Eye Movement and Desensitization Reprocessing Therapy (EMDR), 6 day Training by Marshall, Wilensky, Ph.D., EMDRIA Approved Instructor, hosted by Orion Health Surrey, Canada, 3/2016, 6/2016

Prolonged Exposure Therapy (PE), 3 day Training by Dr. David Yusko, Psy.D, University of Pennsylvania, hosted by Orion Health Surrey, 9/2014

Counselor Supervision, Full semester seminar by Janice Pazar, Ph.D., University of Memphis, 1/2008 - 4/2008

Constructivist Therapies (CT), Full semester seminar by Sara Bridges, Ph.D., University of Memphis, 1/2008 - 4/2008

Coherence Therapy (CT), Workshop by Bruce Ecker, LMFT, Founder of Coherence Therapy, University of Memphis, 11/2006

Emotion Focused Therapy (EFT), Full semester seminar by Heidi Levitt, Ph.D., University of Memphis, 9/2005 - 12/2005

Dialectical Behavioral Therapy (DBT), Block seminar by Cathy Moonshine, Ph.D., Lewis & Clark, Portland, OR, U.S.A., 9/2004 – 12/2004

Gestalt Play Therapy, Full semester seminar by Peter Mortola, Ph.D., Lewis & Clark, Portland, OR, U.S.A., 9/2004 - 12/2004

Clinical Hypnotherapy, 6 day training, hosted by the Oregon Society of Clinical Hypnosis, 2/2004

Cognitive Behavioral Therapy (CBT), Full semester seminar by Greg Crosby, L.P.C., Lewis & Clark, 1/2004 - 4/2004

Crisis Intervention, Full semester seminar by Markus Hoga, Licensed Forensic Psychologist, Katholische Universitaet Eichstaett, 3/2003 - 7/2003

RECENT CONTINUING EDUCATION

Indigenous Cultural Safety Training, 1/2 day training by Dr. Henry Harder, Dr. Charlotte Loppie, Dr. Analaise Goodwill, hosted by the College of Psychologist of BC, Vancouver, Canada, 2018

Psychosocial Issues for the Transgender Population, 1/2 day training by Lukas Walter, hosted by CBI-Fleetwood, Vancouver, 2018

Anger Modification: Cognitive, Behavioral, and Affective Approaches, 1 day training by Dr. Ephrem Fernandez, hosted by the British Columbia Psychological Association Vancouver, Canada, 2018

Psychopharmacology Update: Adults and Older Adolescents, 1 day training by Dr. John Preston, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2017

Mind Over Matter: The Hidden Influence of Psychology on Well-being and Performance, 1 day training by Dr. David Ballard, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2017

Resolving Complex Ethical and Multicultural Dilemmas in Psychological Practice, 1 day training by Dr. Erica Wise, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2017

The Double Edged Sword of Opioid Induced Pain, 1 day training by Dr. Launette Rieb, hosted by WSBC, 2017

Private Practice Development & Effective Marketing, 1 day training by Dr. Larry Waldman, hosted by the British Columbia Psychological Association, Vancouver, Canada, 2016

New Developments in the Treatment of Complex Trauma, 1 day training by John Briere PhD (University of Southern California), hosted by the British Columbia Psychological Association, Vancouver, Canada, 2015

Language Skills

German	fluent
English	fluent