




DR. HAYLEY ELLWOOD

Psychologist (Candidate Register)

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PROFESSIONAL AFFILIATIONS

Nova Scotia Board of Examiners in Psychology

#C10840

Association of Psychologists of Nova Scotia

#1878

Canadian Psychological Association

#74366

EDUCATION

Doctor of Psychology in Clinical Psychology (PsyD)

Adler University, Vancouver, BC | *Class of 2019*

Bachelor of Science in Psychology

Dalhousie University, Halifax, NS | *Class of 2014*

WORK & PRACTICAL EXPERIENCE

Genest MacGillivray Psychologists (Halifax, NS)

2019-present

Psychologist (Candidate Register)

Providing:

- ▶ Individual treatment for adults and teens (16+) experiencing anxiety, depressive, obsessive-compulsive, and trauma-related disorders
- ▶ Couples therapy
- ▶ Psychodiagnostic assessment
- ▶ Independent assessment for legal and disability cases

Sam Houston State University Counseling Center (Huntsville, TX)

2018-2019

Doctoral Intern

Provided:

- ▶ Short and long-term individual treatment for students with mood, anxiety, and trauma disorders
- ▶ Group therapy facilitator (DBT Skills, ACT for Depression & Anxiety, Interpersonal Process)

- ▶ Supervision of Masters-level practicum students
- ▶ Emergency after-hours assessment for students in crisis
- ▶ Mental health outreach programming and workshops
- ▶ Consultation services for Students of Concern faculty team

Tri-Cities Child & Youth Mental Health (Port Moody, BC)

2017-2018

Clinical Practicum Student

Provided:

- ▶ Psychodiagnostic assessment
- ▶ Individual treatment for youth with anxiety, mood, and behavioural disorders
- ▶ Consultation with psychiatrists, social workers, and school staff

PLEA Community Services Society (New Westminster, BC)

2016-2017

Clinical Practicum Student

Provided:

- ▶ Individual treatment for young adults recovering from substance addiction and complex trauma in a residential treatment program
- ▶ Cognitive assessments to inform workplace supports

WorkBC Employment Services Centre (Vancouver, BC)

2015-2016

Clinical Practicum Student

Provided:

- ▶ Cognitive and psychodiagnostic assessment to inform workplace supports and mental health treatment
- ▶ Individual treatment for clients with persistent difficulty in the workplace
- ▶ Design and facilitation of educational and skill-building group for clients with anxiety disorders

British Columbia Psychological Association (Vancouver, BC)

2014

Social Justice Practicum Student

Provided:

- ▶ Workshop, outreach program support

Metro Vancouver West Community Corrections (Vancouver, BC)

2014

Social Justice Practicum Student

Provided:

- ▶ Program evaluation to inform social and psychological rehabilitation of offenders living in community residential facilities

RESEARCH

Primary Researcher, Author (Doctoral Dissertation)

- ▶ *The Role of Psychopathy in the Empathy-Anxiety Relationship (2019)*

WORKSHOPS, SEMINARS, AND CONFERENCES

- ▶ **Anxiety is Nothing to Fear: Applying the ACT Model in Anxious and Depressed Clinical Populations** | Nigel Darvell (*Missouri Institute of Mental Health Professional Training; 2021*)
- ▶ **Haven LGBTQ+ Ally Training** | Dr. Michelle Stone (*Sam Houston State University; 2018*)
- ▶ **Diversity Within Diversity Conference** | Dr. Sandra Lopez (*Houston Group Psychotherapy Society; 2018*)
- ▶ **The Power of Non-Violent Communication** | Jim Thompson (*Adler University; 2017*)
- ▶ **Psychedelic Psychotherapy** | Kevin Parker (*Adler University; 2016*)
- ▶ **The Basics of Trauma Treatment for Students & New Therapists** | Dr. Leslie Ellis (*Adler University; 2016*)
- ▶ **The New DBT Skills - Mindfulness & Distress Tolerance** | Dr. John Wagner & Dr. Alex Chapman (*British Columbia Psychological Association; 2016*)
- ▶ **Using Behavioural Experiments in the Treatment of Anxiety Disorders** | Dr. Michelle Robichaud (*Adler University; 2016*)
- ▶ **New Directions in the Treatment of Complex Trauma** | Dr. John Briere (*British Columbia Psychological Association; 2015*)
- ▶ **Impact Therapy: A Multisensory Approach to Therapy** | Dr. Ed Jacobs & Dr. Nina Spadaro (*British Columbia Psychological Association; 2015*)