

Dr. Noelle Strickland

Halifax, Nova Scotia

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Phone: 902 492 2546

EDUCATION

- 2016 – 2022 **Ph.D. in Clinical Psychology – CPA-Accredited Program**
Dalhousie University (Halifax, Nova Scotia)
Dissertation Defended November 2021
- 2014 – 2016 **M.A. in Developmental Psychology**
Carleton University (Ottawa, Ontario)
- 2010 – 2014 **B.A. with Honours: Psychology; High Distinction**
Carleton University (Ottawa, Ontario)

CLINICAL EXPERIENCE

Pre-doctoral Residency

- Sept 2021 – **Student Counselling Centre Pre-Doctoral Internship Programme in**
Aug 2022 **Professional Psychology – CPA-Accredited Residency**
University of Manitoba (Winnipeg, Manitoba)

PROVISION OF SUPERVISION EXPERIENCE

- Nov 2021 – **University of Manitoba Student Counselling Centre**
April 2022 Supervisor: Dr. Don Stewart
Supervision of practicum student (Master's in Counselling)
Individual and group therapy
- Jan 2020 – **Dalhousie University Health and Wellness Centre: Supervision**
April 2020 **Practicum**
Supervisor: Dr. Alissa Pencer
Supervision of practicum students (PhD in Clinical Psychology)
Group therapy

PROFESSIONAL DEVELOPMENT

- June 3, 2021 **Assessment and Evidence-Based Treatment of PTSD**
Dr. Brad MacNeil
Workshop provided by Dalhousie University

Dr. Noelle Strickland

- April 12, 2019 **Foundational Skills of Dialectical Behaviour Therapy**
Dr. Jacquie Cohen and Dr. Marie-Eve Couture
Full day workshop provided by Dalhousie University
- June 1, 2018 **Short-Term Psychodynamic Psychotherapy: An Introductory Workshop**
Dr. Joel Town
Full day workshop provided by Dalhousie University
- Nov 16, 2018 **Potential or Trouble - Marijuana in Mental Health**
Department of Psychiatry Academic Day 2018 hosted by University of Saskatchewan
- June 2, 2017 **Emotion-Focused Therapy Workshop**
Dr. Cheryl Aubie
Full day workshop provided by Dalhousie University
- May 5, 2017 **XVIII W.O McCormick Academic Day Conference 2017: Diversity in Mental Health**
Full day educational conference hosted by Dalhousie University
- March 24, 2017 **Wisdom2Action: From Trauma to Resilience**
Conference hosted by Youth in Challenging Contexts Network (Ottawa, Ontario)
- April 29, 2016 **XXVII W.O McCormick Academic Day Conference 2016: Psychotherapies in clinical practice: A potpourri**
Full day educational conference hosted by Dalhousie University

GRADUATE SCHOLARSHIPS AND AWARDS

Dalhousie University

- 2017 – 2021 **SSHRC Doctoral Fellowship**
\$80,000
- 2016 – 2019 **Honourary Nova Scotia Graduate Scholar**
\$60,000
- 2016 – 2019 **Izaak Walton Killam Predoctoral Scholarship**
\$75,000
- 2016 – 2018 **President's Award**
Tuition

Dr. Noelle Strickland

Carleton University

2015 – 2016	Joseph Armand Bombardier Canada Graduate Scholarship-Master's \$35,000
2015	Pickering Fund Bursary \$1000
2014	Departmental Graduate Scholarships \$6000

PEER REVIEWED PUBLICATIONS

Strickland, N. J., Tang, K. T. Y., Wekerle, C. & Stewart, S. H. (2022). Fostering resilience and countering stigma: A qualitative exploration of risk and protective factors for negative emotional consequences among alcohol-involved sexual assault survivors. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. doi: <https://doi.org/10.1037/tra0001300>

Wong, N., Kim, K., Liu, W. S., Oh, S. S., **Strickland, N. J.**, Stewart, S. H., & Wekerle, C. (2022). Self-Compassion among youth with child maltreatment histories and psychological distress: A scoping review. *International Journal of Child and Adolescent Resilience*, 9(1). doi: <https://doi.org/10.54488/ijcar.2022.303>

Isaacs, J. Y., Thompson, K., Yakoveko, I., Stewart-Kirk, K., **Strickland, N. J.**, & Stewart, S. H. (2022). The impact of normative feedback on undergraduates' prescription drug use knowledge and behaviour: A mixed methods study. *Canadian Journal of Addiction*. Retrieved from: https://www.qgdigitalpublishing.com/publication/?m=62965&i=754076&view=articleBrowser&article_id=4311279&ver=html5

*Dawson, S. J., ***Strickland, N. J.**, & Rosen, N. O. (2022). Longitudinal associations between depressive symptoms and sexual concerns among first-time parent couples during the transition to parenthood. *Journal of Sex Research*. 59(2), 150 – 159. doi: <https://doi.org/10.1080/00224499.2020.1836114> *Shared first authorship.

Strickland, N. J., Nogueira, R. MacKinnon, S., Wekerle, C., & Stewart, S. H. (2021). Clarifying the factor structure of the self-compassion scale: Nested comparisons of six confirmatory factor analysis models. *European Journal of Psychological Assessment*. doi: <https://doi.org/10.1027/1015-5759/a000672>

Strickland, N. J., Wekerle, C., Kehayes, I.-L., Thompson, K., Dobson, K., & Stewart, S. H. (2019). Self-compassion as a compensatory resilience factor for the negative emotional outcomes of alcohol-involved sexual assault among undergraduates.

Dr. Noelle Strickland

Carleton University, Ottawa, Ontario
Dr. Robert Coplan

Sept 2012 – Aug
2016

**Research Assistant: Adolescent Development and
Methodology Studies Laboratory**
Carleton University, Ottawa Ontario
Dr. Andrea Howard

VOLUNTEER EXPERIENCE

Sept 2020 – Aug
2021

South Paw Conservation Association
Halifax, Nova Scotia

Oct 2019 – Aug
2021

SPCA Animal Hospital
Dartmouth, Nova Scotia

Oct 2011 – July
2013

Distress Centre of Ottawa and Region
Ottawa, Ontario