

# Dr. Noelle Strickland

---

Psychologist (Candidate Register No. C10923)  
Halifax, Nova Scotia  
Email: [info@gmppsychologists.com](mailto:info@gmppsychologists.com)  
Phone: 902 492 2546

## EDUCATION

---

- 2016 – 2022      **Ph.D. in Clinical Psychology – CPA-Accredited Program**  
Dalhousie University (Halifax, Nova Scotia)  
Dissertation Defended November 2021
- 2014 – 2016      **M.A. in Developmental Psychology**  
Carleton University (Ottawa, Ontario)
- 2010 – 2014      **B.A. with Honours: Psychology; High Distinction**  
Carleton University (Ottawa, Ontario)

## CLINICAL EXPERIENCE

---

### Pre-doctoral Residency

- Sept 2021 –      **Student Counselling Centre Pre-Doctoral Internship Programme in**  
Aug 2022      **Professional Psychology – CPA-Accredited Residency**  
University of Manitoba (Winnipeg, Manitoba)

## PROVISION OF SUPERVISION EXPERIENCE

---

- Nov 2021 –      **University of Manitoba Student Counselling Centre**  
April 2022      Supervisor: Dr. Don Stewart  
Supervision of practicum student (Master's in Counselling)  
Individual and group therapy
- Jan 2020 –      **Dalhousie University Health and Wellness Centre: Supervision**  
April 2020      **Practicum**  
Supervisor: Dr. Alissa Pencer  
Supervision of practicum students (PhD in Clinical Psychology)  
Group therapy

## PROFESSIONAL DEVELOPMENT

---

- June 3, 2021      **Assessment and Evidence-Based Treatment of PTSD**  
Dr. Brad MacNeil  
Workshop provided by Dalhousie University

# Dr. Noelle Strickland

---

- April 12, 2019 **Foundational Skills of Dialectical Behaviour Therapy**  
Dr. Jacquie Cohen and Dr. Marie-Eve Couture  
Full day workshop provided by Dalhousie University
- June 1, 2018 **Short-Term Psychodynamic Psychotherapy: An Introductory Workshop**  
Dr. Joel Town  
Full day workshop provided by Dalhousie University
- Nov 16, 2018 **Potential or Trouble - Marijuana in Mental Health**  
Department of Psychiatry Academic Day 2018 hosted by University of Saskatchewan
- June 2, 2017 **Emotion-Focused Therapy Workshop**  
Dr. Cheryl Aubie  
Full day workshop provided by Dalhousie University
- May 5, 2017 **XVIII W.O McCormick Academic Day Conference 2017: Diversity in Mental Health**  
Full day educational conference hosted by Dalhousie University
- March 24, 2017 **Wisdom2Action: From Trauma to Resilience**  
Conference hosted by Youth in Challenging Contexts Network (Ottawa, Ontario)
- April 29, 2016 **XXVII W.O McCormick Academic Day Conference 2016: Psychotherapies in clinical practice: A potpourri**  
Full day educational conference hosted by Dalhousie University

## GRADUATE SCHOLARSHIPS AND AWARDS

---

### Dalhousie University

- 2017 – 2021 **SSHRC Doctoral Fellowship**  
\$80,000
- 2016 – 2019 **Honourary Nova Scotia Graduate Scholar**  
\$60,000
- 2016 – 2019 **Izaak Walton Killam Predoctoral Scholarship**  
\$75,000
- 2016 – 2018 **President's Award**  
Tuition

# Dr. Noelle Strickland

---

## Carleton University

2015 – 2016	<b>Joseph Armand Bombardier Canada Graduate Scholarship-Master's</b> \$35,000
2015	<b>Pickering Fund Bursary</b> \$1000
2014	<b>Departmental Graduate Scholarships</b> \$6000

## PEER REVIEWED PUBLICATIONS

---

**Strickland, N. J.**, Tang, K. T. Y., Wekerle, C. & Stewart, S. H. (2022). Fostering resilience and countering stigma: A qualitative exploration of risk and protective factors for negative emotional consequences among alcohol-involved sexual assault survivors. *Psychological Trauma: Theory, Research, Practice, and Policy*. Advance online publication. doi: <https://doi.org/10.1037/tra0001300>

Wong, N., Kim, K., Liu, W. S., Oh, S. S., **Strickland, N. J.**, Stewart, S. H., & Wekerle, C. (2022). Self-Compassion among youth with child maltreatment histories and psychological distress: A scoping review. *International Journal of Child and Adolescent Resilience*, 9(1). doi: <https://doi.org/10.54488/ijcar.2022.303>

Isaacs, J. Y., Thompson, K., Yakoveko, I., Stewart-Kirk, K., **Strickland, N. J.**, & Stewart, S. H. (2022). The impact of normative feedback on undergraduates' prescription drug use knowledge and behaviour: A mixed methods study. *Canadian Journal of Addiction*. Retrieved from: [https://www.qgdigitalpublishing.com/publication/?m=62965&i=754076&view=articleBrowser&article\\_id=4311279&ver=html5](https://www.qgdigitalpublishing.com/publication/?m=62965&i=754076&view=articleBrowser&article_id=4311279&ver=html5)

\*Dawson, S. J., \***Strickland, N. J.**, & Rosen, N. O. (2022). Longitudinal associations between depressive symptoms and sexual concerns among first-time parent couples during the transition to parenthood. *Journal of Sex Research*. 59(2), 150 – 159. doi: <https://doi.org/10.1080/00224499.2020.1836114> \*Shared first authorship.

**Strickland, N. J.**, Nogueira, R. MacKinnon, S., Wekerle, C., & Stewart, S. H. (2021). Clarifying the factor structure of the self-compassion scale: Nested comparisons of six confirmatory factor analysis models. *European Journal of Psychological Assessment*. doi: <https://doi.org/10.1027/1015-5759/a000672>

**Strickland, N. J.**, Wekerle, C., Kehayes, I.-L., Thompson, K., Dobson, K., & Stewart, S. H. (2019). Self-compassion as a compensatory resilience factor for the negative emotional outcomes of alcohol-involved sexual assault among undergraduates.

# Dr. Noelle Strickland

---

*International Journal of Child and Adolescent Resilience*, 6(1), 52 – 69. doi:  
<https://doi.org/10.7202/1069076ar>

Howard, A. L., **Strickland, N. J.**, Murray, D. W., Tamm, L., Swanson, J. M., Hinshaw, S. P., . . . Molina, B. S. G. (2016). Progression of impairment in adolescents with Attention-Deficit/Hyperactivity Disorder through the transition out of high school: Contributions of parent involvement and college attendance. *Journal of Abnormal Psychology*, 125(2), 233 – 247. doi: <https://doi.org/10.1037/abn0000100>

**Strickland, N. J.**, Nogueira-Arjona, R., Wekerle, C., & Stewart, S. H. (Submitted 2021; Under Revision). Linking alcohol-involved sexual assault to negative emotional outcomes: The relative mediating roles of shame, self-compassion, fear of self-compassion, and self-blame. *Journal of Interpersonal Violence*.

*Conference and poster presentations available upon request*

## TEACHING ASSISTANTSHIPS

---

### Dalhousie University

2016 – 2019              Personality Psychology  
                                 Social Psychology  
                                 Methods in Experimental Psychology

### Carleton University

2013 – 2016              Motivation and Emotion  
                                 Honors Project for Psychology  
                                 Introduction to Psychology II; Tutorials  
                                 Introduction to Psychology I; Tutorials  
                                 Introduction to Psychology; Tutorials  
                                 Developmental Psychology  
                                 Introduction to Psychology  
                                 Forensic Psychology  
                                 Introduction to Research Methods

## WORK EXPERIENCE

---

April 2018 – May 2019              **Lesley Hartman & Associates: Intake and Administrative Position**  
*Halifax, Nova Scotia*

Sept 2013 – May 2014              **Health and Counselling Services – Administrative Position**  
*Carleton University, Ottawa, Ontario*

Sept 2012 – Aug 2016              **Research Assistant: Pickering Centre for Research in Human Development**

# Dr. Noelle Strickland

---

*Carleton University, Ottawa, Ontario*  
Dr. Robert Coplan

Sept 2012 – Aug  
2016

**Research Assistant: Adolescent Development and  
Methodology Studies Laboratory**  
*Carleton University, Ottawa Ontario*  
Dr. Andrea Howard

## **VOLUNTEER EXPERIENCE**

---

Sept 2020 – Aug  
2021

**South Paw Conservation Association**  
*Halifax, Nova Scotia*

Oct 2019 – Aug  
2021

**SPCA Animal Hospital**  
*Dartmouth, Nova Scotia*

Oct 2011 – July  
2013

**Distress Centre of Ottawa and Region**  
*Ottawa, Ontario*